

### Outdoor U14 Girls

FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
80METRES	1	ELLA STEEL DOUGLAS	2007	10.88	16-Jun-19	CALGARY
UNDER 14	2	NATASHA SMALLWOOD	1996	11.10	04-Jul-09	EDMONTON
	3	ABIOLA OMOYAYI	2009	11.14	23-Jul-22	SHERWOOD PARK
	4	AMARIAH WHARTON	2011	11.16	13-Jul-24	SHERWOOD PARK
	5	JAYME BIALIK	2007	11.39	25-May-19	ST ALBERT
	6	ARYONNAH KNEE	2009	11.47	23-Jul-22	SHERWOOD PARK
	7	LIBBY DUNN	2006	11.64	14-Jul-18	CALGARY
	8	MERCEDES FOWLER	2001	11.67	11-May-13	CALGARY
	9	AVA SONNENBERG	2008	11.71	17-Jul-21	LEDUC
	9	BRIANNA CATHCART	2008	11.71	07-Aug-21	SHERWOOD PARK
	11	AYLIE DAHL	2006	11.75	16-Jun-19	CALGARY
	12	CLAIR KELLER	2010	11.77	12-May-23	CALGARY
	13	LANIYAH BRUCE	2012	11.78	01-Jun-24	LEDUC
	14	ANDREA JACOB	2008	11.81	17-Jul-21	LEDUC
	15	IZZY SEILER	2006	11.89	14-Jul-18	CALGARY
	16	GINELLE DEMONE	1998	11.90	28-May-11	ST. ALBERT
	17	CADY MCCUBBING	2002	11.94	11-May-14	CALGARY
	18	JOSIE PLITT	2005	11.95	18-Jun-17	CALGARY
	19	ELLA ROSS	2005	11.97	18-Jun-17	CALGARY
	20	KENNA BOLE	2004	11.99	18-Jun-17	CALGARY
100M	1	JANICE ZAWASKI	1982	13.11	03-Jul-95	KELOWNA
UNDER 14	2	COLLETTE GOUDREAU	1973	13.19	12-Jul-86	CALGARY
	2	ELLA STEEL DOUGLAS	2007	13.19	28-Jun-19	EDMONTON
	4	GWYNNE FEDORUK	1969	13.34	28-Jun-82	LANGLEY
	5	MELANIE HALWA	1982	13.57	17-May-94	RED DEER
	6	TANYA WRIGHT	1981	13.58	01-Jul-94	KELOWNA
	7	SHEENA CODY	1986	13.63	26-Jun-99	KELOWNA
	8	VICKY LYNCH	1970	13.64	24-Jul-83	LETHBRIDGE
	9	ANGIE LACHMAN	1979	13.65	18-Jul-92	CALGARY
	10	AMANDA GUENTHER	1983	13.71	29-Jun-96	KELOWNA
	11	ABIOLA OMOYAYI	2009	13.76	26-Jun-21	CALGARY
	12	DAWN CHITRINA	1983	13.79	16-Jun-96	RED DEER
	12	JAYME BIALIK	2007	13.79	22-Jun-19	EDMONTON
	12	LIBBY DUNN	2006	13.79	28-Jun-19	EDMONTON
	15	MICHELLE MAKOWSKY	1981	13.82	17-Jul-94	CALGARY
	16	NATASHA SMALLWOOD	1996	13.84	09-May-09	ST. ALBERT
	17	CHELSEA SHURGOT	1980	13.89	09-May-92	LETHBRIDGE
	17	CORRENE BREDIN	1980	13.89	26-Jun-93	RED DEER
	19	AVA SONNENBERG	2008	13.91	26-Jun-21	CALGARY

		20	AMARIAH WHARTON	2011	14.09	26-May-24	ST ALBERT
	150M	1	ELLA STEEL DOUGLAS	2007	19.84	02-Jun-19	LEDUC
	UNDER 14	2	ABIOLA OMOYAYI	2009	20.47	14-May-22	CALGARY
		3	AMARIAH WHARTON	2011	20.95	12-May-24	CALGARY
		4	NATASHA SMALLWOOD	1996	21.31	12-Jun-09	CALGARY
		4	AVA SONNENBERG	2008	21.31	10-Jul-21	EDMONTON
		6	JOSIE PLITT	2005	21.40	12-May-18	CALGARY
		7	ARYONNAH KNEE	2009	21.46	14-May-22	CALGARY
		8	MERCEDES FOWLER	2001	21.73	11-May-13	CALGARY
		9	RENAE DREBERT	2006	21.78	12-Jun-19	CALGARY
		9	MEADOW DREBERT	2006	21.78	12-Jun-19	CALGARY
		11	LIBBY DUNN	2006	21.79	15-Jul-18	CALGARY
		12	LANIYAH BRUCE	2012	21.83	01-Jun-24	LEDUC
		13	AYLIE DAHL	2006	21.84	02-Jun-19	LEDUC
		14	CLAIR KELLER	2010	21.89	14-May-23	CALGARY
		15	IZZY SEILER	2006	21.97	12-Jun-19	CALGARY
		16	PIPER JORGENSEN	2006	22.04	12-May-18	CALGARY
		17	ALLEGRA PETASKY	2010	22.18	26-Jun-22	LEDUC
		18	MAELLE DREBERT	2011	22.25	14-May-23	CALGARY
		19	JULIANA CHIPIUK	2005	22.27	12-May-18	CALGARY
		20	DEVIN FLINT	1996	22.28	12-Jun-09	CALGARY
	200M	1	JANICE ZAWASKI	1982	26.28	17-Jun-95	CALGARY
	UNDER 14	2	GWYNNE FEDORUK	1969	26.71	29-May-81	SHERWOOD PARK
		3	ELLA STEEL DOUGLAS	2007	26.88	29-Jun-19	EDMONTON
		4	MELANIE HALWA	1982	27.74	28-May-95	ST. ALBERT
		5	TANYA WRIGHT	1981	27.84	28-May-94	ST. ALBERT
		6	VANESSA BARR	1993	28.06	28-Jul-06	RED DEER
		7	COLLETTE GOUDREAU	1973	28.08	29-Jun-86	KELOWNA
		8	LIBBY DUNN	2006	28.17	23-Jun-19	EDMONTON
		9	NATASHA SMALLWOOD	1996	28.19	27-Jun-09	KELOWNA
		10	VICKY LYNCH	1970	28.24	24-Jul-82	CALGARY
		11	MANNA RAMOS	1977	28.28	16-Jun-90	RED DEER
		11	ARIELLE BOCK	1994	28.28	12-May-07	ST. ALBERT
		13	JAYME BIALIK	2007	28.39	29-Jun-19	KELOWNA
		14	AMARIAH WHARTON	2011	28.60	16-Jun-24	CALGARY
		15	AMANDA GUENTHER	1983	28.64	26-May-96	ST. ALBERT
		15	DAWN CHITRINA	1983	28.64	26-May-96	ST. ALBERT
		17	ANGIE LACHMAN	1979	28.65	29-Jun-91	KELOWNA
		18	JESSICA NUGENT	1979	28.71	03-Jul-92	RED DEER
		19	SHEENA CODY	1986	28.76	08-May-99	LETHBRIDGE
		20	JORDAN TAYLOR	1995	28.86	10-May-08	ST. ALBERT

	300M	1	LIBBY DUNN	2006	45.32	02-Jun-19	LEDUC
	UNDER 14	2	IZZY SEILER	2006	45.60	26-May-19	ST ALBERT
		3	ABIOLA OMOYAYI	2009	45.79	29-May-22	ST ALBERT
		4	ELLA STEEL DOUGLAS	2007	45.91	26-May-19	ST ALBERT
		5	JAYME BIALIK	2007	46.01	29-Jun-19	KELOWNA
		6	AMARIAH WHARTON	2011	46.11	25-May-24	ST ALBERT
		7	MEADOW DREBERT	2006	46.32	19-Jun-19	KELOWNA
		8	CHEYENNE GOH	1999	46.48	01-Jul-12	KELOWNA
		9	CLAIR KELLER	2010	46.49	29-May-23	ST ALBERT
		10	ARYONNAH KNEE	2009	46.83	29-May-22	ST ALBERT
		11	MAELLE DREBERT	2011	46.86	25-May-24	ST ALBERT
		12	JULIANA CHIPIUK	2005	47.26	30-Jun-18	KELOWNA
		13	GINELLE DEMONE	1998	47.29	03-Jul-11	KELOWNA
		14	KENNA BOLE	2004	47.63	01-Jul-17	KELOWNA
		15	KYRA HERMANN	1999	47.83	01-Jul-12	KELOWNA
		16	MCKENA FLEISHHACKER	2006	47.85	30-Jun-18	KELOWNA
		17	JOSIE PLITT	2005	48.14	26-May-18	ST.ALBERT
		18	AVA SONNENBERG	2008	48.70	12-Sep-20	LEDUC
		19	ELLA ROSS	2005	49.08	30-Jun-18	KELOWNA
		20	PATRICIJA HIRSSONE	2006	49.74	26-May-19	ST ALBERT
	400M	1	JANICE ZAWASKI	1982	58.11	02-Jul-95	KELOWNA
	UNDER 14	2	GWYNNE FEDORUK	1969	59.88	24-Jul-82	CALGARY
		3	TANYA WRIGHT	1981	61.98	01-Jul-94	KELOWNA
		4	NATASHA SMALLWOOD	1996	61.98	27-Jun-09	KELOWNA
		5	VICKY LYNCH	1970	62.18	23-Jul-83	LETHBRIDGE
		6	MELANIE HALWA	1982	62.87	01-Jul-94	KELOWNA
		7	IZZY SEILER	2006	63.96	02-Aug-19	EDMONTON
		8	RILEY LAFORGE	1994	64.34	01-Jul-07	KELOWNA
		9	CARA GIBSON	1977	64.68	30-Jun-90	KELOWNA
		10	CHELSEA SHURGOT	1980	64.98	26-Jun-92	KELOWNA
		11	MARIE CHALIFOUX	1984	64.98	25-Jul-97	LLOYDMINSTER
		12	DEBBY FOSTER	1978	65.16	29-Jun-91	KELOWNA
		13	ZARA ROCKWELL	1971	65.38	18-Jun-83	LEDUC
		14	SHAY OSTAPOWICH	1976	65.44	24-Jun-89	RED DEER
		15	MANNA RAMOS	1977	65.55	16-Jun-90	RED DEER
		16	HEATHER WEGNER	1972	65.72	29-Jun-85	CALGARY
		17	CHRISTINE ZAWASKI	1980	66.28	29-May-93	ST. ALBERT
		18	HEATHER KRUEGER	1978	66.34	15-Jun-91	EDMONTON
		19	JORDAN TAYLOR	1995	66.46	28-Jun-08	KELOWNA

		20	MELONIE GROEGER	1974	66.68	24-May-87	LEDUC
	600M	1	LIBBY DUNN	2006	1:42.92	16-Jun-18	CALGARY
	UNDER 14	2	ABIOLA OMOYAYI	2009	1:46.73	19-Jun-22	EDMONTON
		3	MEADOW DREBERT	2006	1:47.06	16-Jun-18	CALGARY
		4	KENNA BOLE	2004	1:47.69	23-Jul-17	SHERWOOD PARK
		5	GINELLE DEMONE	1998	1:48.54	24-Jul-11	SHERWOOD PARK
		6	MAELLE DREBERT	2011	1:48.66	14-Jul-24	SHERWOOD PARK
		7	MARY MCLEAN	2008	1:49.20	26-Jun-21	CALGARY
		8	IZZY SEILER	2006	1:50.78	16-Jun-18	CALGARY
		9	CLAIR KELLER	2010	1:51.35	19-Jun-22	EDMONTON
		10	MERCEDES FOWLER	2001	1:51.62	20-Jul-13	SHERWOOD PARK
		11	ELLA ROSS	2005	1:52.49	18-Jun-17	CALGARY
		12	ARYONNAH KNEE	2009	1:53.03	24-Jul-22	SHERWOOD PARK
		13	AVA SONNENBERG	2008	1:54.17	26-Jun-21	CALGARY
		14	BRIANNA CATHCART	2008	1:54.27	26-Jun-21	CALGARY
		15	JULIANA CHIPIUK	2005	1:54.27	23-Jul-17	SHERWOOD PARK
		16	LINDSEY DEMONE	2000	1:55.55	14-Jul-12	SHERWOOD PARK
		17	KYLEE ADAMKOWSKI	2005	1:55.67	23-Jul-17	SHERWOOD PARK
		18	JOSIE PLITT	2005	1:57.64	18-Jun-17	CALGARY
		19	PATRICIJA HIRSSONE	2006	2:03.20	28-Jul-18	SHERWOOD PARK
		20	LAUREN DELLEZAY	2005	2:06.26	16-Jun-18	CALGARY
	800M	1	MEADOW DREBERT	2006	2:18.49	17-Jul-19	EDMONTON
	UNDER 14	2	GWYNNE FEDORUK	1969	2:19.70	22-Aug-82	OROMOCTO
		3	LIBBY DUNN	2006	2:19.96	21-Jul-19	SHERWOOD PARK
		4	JANICE ZAWASKI	1982	2:21.29	24-Jun-95	RED DEER
		5	NATASHA SMALLWOOD	1996	2:21.95	02-Aug-08	HERSHEY
		6	RILEY LAFORGE	1994	2:22.91	30-Jun-07	KELOWNA
		7	JULIANA CHIPIUK	2005	2:25.53	15-Jul-18	CALGARY
		8	TANYA WRIGHT	1981	2:27.91	01-Jul-94	KELOWNA
		9	MELANIE HALWA	1982	2:28.32	01-Jul-94	KELOWNA
		10	VICKY LYNCH	1970	2:28.88	26-Jun-82	LANGLEY
		11	DEANNA MONSON	1971	2:30.45	24-Jun-84	LANGLEY
		12	CHRISTINE ZAWASKI	1980	2:30.83	04-Jul-93	KELOWNA
		13	ABIOLA OMOYAYI	2009	2:30.87	25-Jun-22	LEDUC
		14	KENNA BOLE	2004	2:30.93	01-Jul-17	KELOWNA
		15	IZZY SEILER	2006	2:31.68	21-Jul-19	SHERWOOD PARK
		16	HEATHER KRUEGER	1978	2:31.70	12-Jul-91	CALGARY
		17	HEATHER MYATT	1991	2:31.84	02-Jul-04	KELOWNA
		18	CLAIR KELLER	2010	2:31.86	09-Jul-23	SHERWOOD PARK

		19	MAELLE DREBERT	2011	2:32.18	05-May-24	EDMONTON
		20	GINELLE DEMONE	1998	2:32.25	03-Jul-11	KELOWNA
	1200M	1	MEADOW DREBERT	2006	3:45.45	30-Jun-19	KELOWNA
	UNDER 14	2	LIBBY DUNN	2006	3:45.57	16-Jun-19	CALGARY
		3	JULIANA CHIPIUK	2005	3:50.22	30-Jun-18	KELOWNA
		4	NATASHA SMALLWOOD	1996	3:56.60	04-Jul-09	EDMONTON
		5	DEVIN FLINT	1996	4:02.98	04-Jul-09	EDMONTON
		6	HALEY KEIRSTEAD	1999	4:04.44	10-Jun-12	CALGARY
		7	IZZY SEILER	2006	4:04.98	02-Jun-19	LEDUC
		8	MARY MCLEAN	2008	4:06.42	24-Jul-21	CALGARY
		9	CLAIR KELLER	2010	4:09.20	17-Jun-23	CALGARY
		10	GINELLE DEMONE	1998	4:09.37	03-Jul-11	KELOWNA
		11	MAELLE DREBERT	2011	4:09.48	12-May-24	CALGARY
		12	BROOKLYN JOHN STON	2007	4:11.86	21-Jul-19	SHERWOOD PARK
		13	AVA SONNENBERG	2008	4:12.11	09-Jul-21	LEDUC
		14	GABRIELLE SHEPTAK	2003	4:15.99	13-Jun-15	SHERWOOD PARK
		15	ABIOLA OMOYAYI	2009	4:16.32	12-Jun-22	CALGARY
		16	PATRICIJA HIRSSONE	2006	4:19.84	02-Jun-19	LEDUC
		17	ELLA ROSS	2005	4:20.65	22-Jun-18	EDMONTON
		18	BREANN WILHELM	2000	4:22.02	30-Jun-13	KELOWNA
		19	ARYONNAH KNEE	2009	4:22.34	26-Jun-22	LEDUC
		20	NOELLE CAKMAK	1997	4:23.52	04-Jul-09	EDMONTON
	1500M	1	GWYNNE FEDORUK	1969	4:56.08	24-Jul-82	CALGARY
	UNDER 14	2	NICOLE MARVIN	1981	5:00.30	03-Jul-94	KELOWNA
		3	RILEY LAFORGE	1994	5:00.56	30-Jun-07	KELOWNA
		4	DEANNA MONSON	1971	5:07.78	24-Jun-84	LANGLEY
		5	VICKY LYNCH	1970	5:09.58	24-Jul-82	CALGARY
		6	NATASHA SMALLWOOD	1996	5:10.17	28-Jun-08	KELOWNA
		7	DEVIN FLINT	1996	5:17.31	28-Jun-08	KELOWNA
		8	BARB DROLET	1972	5:17.95	03-Jul-85	EDMONTON
		9	HEATHER KRUEGER	1978	5:19.38	29-Jun-91	KELOWNA
		10	HEATHER MYATT	1991	5:21.33	02-Jul-04	KELOWNA
		11	NICOLE JOBS	1986	5:22.38	26-Jun-99	KELOWNA
		12	SHAY OSTAPOWICH	1976	5:23.48	18-Jun-88	RED DEER
		13	TASHA WATSON	1975	5:24.98	25-Jun-88	LANGLEY
		14	CHRISTINE ZAWASKI	1980	5:26.13	04-Jul-93	KELOWNA
		15	KATIE ELDER	1994	5:26.36	30-Jun-07	KELOWNA
		16	SAMANTHA BENDORITIS	1996	5:26.42	28-Jun-08	KELOWNA

		17	DARA LEE GEAKE	1970	5:29.88	24-Jul-82	CALGARY
		18	KIM LOGAN	1969	5:31.38	28-Jun-82	LANGLEY
		19	CALLIE LAWRENCE	1982	5:33.07	03-Jul-94	KELOWNA
		20	BRETT FOLEY	1982	5:36.03	03-Jul-94	KELOWNA
	3000M	1	NICOLE MARVIN	1981	10:54.28	03-Jul-94	KELOWNA
	UNDER 14	2	SHAY OSTAPOWICH	1976	11:56.88	26-May-88	LEDUC
		3	DEVIN FLINT	1996	11:57.37	27-Jun-09	KELOWNA
		4	STEPHANIE AITKEN	1987	12:10.00	26-Jun-99	KELOWNA
		5	CHRISTINE SIMARD	1996	12:15.96	27-Jun-09	KELOWNA
		6	KATIE STERLING	1985	12:44.71	30-Jun-98	KELOWNA
		7	BRETT FOLEY	1982	12:56.88	02-Jul-95	KELOWNA
		8	KRISTIN VAN ECK	1983	13:02.92	29-Jun-96	KELOWNA
		9	KAYLA NEUFELD	1983	13:20.44	29-Jun-96	KELOWNA
		10	TARYN FOLEY	1984	13:04.78	29-Jun-97	KELOWNA
		11	LYNN NAYLOR	1982	14:05.38	02-Jul-95	KELOWNA
		12	MICHELLE JOHNSTON	1989	14:06.56	30-Jun-02	KELOWNA
		13	VANESSA BOUDREAU	1983	14:57.40	29-Jun-96	KELOWNA
	HIGH JUMP	1	MICHELLE MAKOWSKY	1981	1.56	17-Jul-94	CALGARY
	UNDER 14	2	CORRINE BREDIN	1980	1.51	04-Jul-93	KELOWNA
		3	GWYNNE FEDORUK	1969	1.50	24-Jul-82	CALGARY
		4	ANGIE LACHMAN	1979	1.49	03-Jul-92	RED DEER
		5	MARY MUGFORD	1970	1.47	12-Aug-83	OLDS
		5	TANYA WRIGHT	1981	1.47	25-Jun-94	RED DEER
		7	JENNIFER POMERLEAU	1983	1.43	26-May-96	ST. ALBERT
		7	ELLA STEEL DOUGLAS	2007	1.43	25-May-19	ST. ALBERT
		9	RILEY LAFORGE	1994	1.41	12-May-07	ST. ALBERT
		10	HEATHER WEGNER	1972	1.40	23-Jun-84	LANGLEY
		10	HEATHER SHURGOT	1983	1.40	11-Jun-95	PRINCE GEORGE
		10	ARIELLE BOCK	1994	1.40	23-Jun-07	EDMONTON
		10	NOELLE CAKMAK	1997	1.40	11-Jul-10	SHERWOOD PARK
		10	AMARIAH WHARTON	2011	1.40	16-Jun-24	CALGARY
		15	JENNIFER METZ	1975	1.36	18-Jun-88	RED DEER
		16	SHAY OSTAPOWICH	1976	1.35	13-May-89	LEDUC
		16	SHAUNA BEGG	1977	1.35	30-Jun-90	KELOWNA
		16	CARA GIBSON	1977	1.35	26-May-90	LEDUC
		16	LISA LEBLANC	1969	1.35	24-Jul-82	CALGARY
		16	KIM LOGAN	1969	1.35	12-Aug-82	OLDS
		16	AMANDA GUENTHER	1983	1.35	11-Jun-95	PRINCE GEORGE
		16	KRISTIN VAN ECK	1983	1.35	26-May-96	ST. ALBERT

		16	NATASHA SMALLWOOD	1996	1.35	16-May-09	CALGARY
		16	ISABELLA HJERTASS	2002	1.35	25-Jul-15	SHERWOOD PARK
		16	LAUREN DELLEZAY	2005	1.35	16-Jun-18	CALGARY
		16	ANDREA JACOB	2008	1.35	11-Jul-21	LEDUC
	LONG JUMP	1	GWYNNE FEDORUK	1969	5.17	10-Jul-82	SASKATOON
	UNDER 14	2	MICHELLE MAKOWSKY	1981	4.98	28-May-94	ST. ALBERT
		3	HEATHER WEGNER	1972	4.79	23-Jul-85	EDMONTON
		3	MELANIE HALWA	1982	4.79	28-May-95	ST. ALBERT
		5	ARIELLE BOCK	1994	4.64	23-Jun-07	EDMONTON
		6	COLLETTE GOUDREAU	1973	4.63	29-Jun-86	KELOWNA
		7	ELLA STEEL DOUGLAS	2007	4.59	16-Jun-19	CALGARY
		8	ANGIE LACHMAN	1979	4.56	12-May-91	ST. ALBERT
		9	MAEGAN PATTISON	1990	4.53	30-Jun-03	KELOWNA
		10	JENNIFER METZ	1975	4.50	18-Jun-88	RED DEER
		11	VANESSA BARR	1993	4.41	29-Jul-06	RED DEER
		12	CHELSEA SHURGOT	1980	4.38	29-May-93	ST. ALBERT
		13	JENNY MINCHAU	1978	4.31	29-Jun-91	KELOWNA
		13	HEATHER SHURGOT	1983	4.31	03-Jul-95	KELOWNA
		13	ANDREA JACOB	2008	4.31	19-Jun-21	EDMONTON
		16	CARA GIBSON	1977	4.26	16-Jun-90	RED DEER
		16	AYLIE DAHL	2006	4.26	02-Jun-19	LEDUC
		18	JANICE ZAWASKI	1982	4.25	03-Jul-95	KELOWNA
		19	KIM LOGAN	1969	4.24	24-Jul-82	CALGARY
		19	AMANDA GUENTHER	1983	4.24	27-May-95	ST. ALBERT
	TRIPLE JUMP	1	MICHELLE MAKOWSKI	1981	10.04	01-Jul-94	KELOWNA
	UNDER 14	2	TANYA WRIGHT	1981	10.00	01-Jul-94	KELOWNA
		3	HEATHER SHURGOT	1983	9.62	29-Jun-96	KELOWNA
		4	MELANIE HALWA	1982	9.43	16-Jul-95	CALGARY
		5	CORRINE BREDIN	1980	9.33	04-Jul-93	KELOWNA
		6	MAEGAN PATTISON	1990	9.17	30-Jun-03	KELOWNA
		7	JENNIFER POMERLEAU	1983	9.05	29-Jun-96	KELOWNA
		8	SHEENA CODY	1986	9.01	26-Jun-99	KELOWNA
		9	ELISE EVANS	1988	8.87	30-Jun-00	KELOWNA
		10	JENNA LUNDE	1985	8.80	28-Jun-98	KELOWNA
		11	CHELSEA SHURGOT	1980	8.75	04-Jul-93	KELOWNA
		12	AMANDA GUENTHER	1983	8.67	03-Jul-95	KELOWNA
		12	GWYNNE FEDORUK	1969	8.67	24-Jul-82	CALGARY
		14	JANICE ZAWASKI	1982	8.54	01-Jul-94	KELOWNA

		15	NICOLE MARVIN	1981	8.51	01-Jul-94	KELOWNA
		16	ERIKA OSWALD	1990	8.48	30-Jun-03	KELOWNA
		17	DANIELLE CHAMPAGNE	1990	8.38	30-Jun-03	KELOWNA
		17	JILL METZ	1977	8.38	16-Jun-90	RED DEER
		19	HEATHER MYATT	1991	8.36	25-Jun-04	CALGARY
		20	DAWN CHITRINA	1983	8.30	29-Jun-96	KELOWNA
	80M HURDLE:	1	ELLA STEEL DOUGLAS	2007	13.32	26-May-19	ST ALBERT
	UNDER 14	1	JANICE ZAWASKI	1982	13.32	02-Jul-95	KELOWNA
		3	ANGIE LACHMAN	1979	13.44	26-Jun-92	KELOWNA
		4	ARYONNAH KNEE	2009	13.62	17-Jun-22	EDMONTON
		5	AMANDA GUENTHER	1983	14.15	03-Jul-95	KELOWNA
		6	ABIOLA OMOYAYI	2009	14.17	23-Jul-22	SHERWOOD PARK
		7	JAYME BIALIK	2007	14.19	29-Jun-19	KELOWNA
		8	ANDREA JACOB	2008	14.27	10-Jul-21	EDMONTON
		9	HEATHER SHURGOT	1983	14.32	03-Jul-95	KELOWNA
		10	MAEGAN PATTISON	1990	14.34	30-Jun-02	KELOWNA
		11	ARIELLE BOCK	1994	14.41	30-Jun-07	KELOWNA
		12	MICHELLE MAKOWSKY	1981	14.45	01-Jul-94	KELOWNA
		13	NATASHA SMALLWOOD	1996	14.71	04-Jul-09	EDMONTON
		14	DAWN CHITRINA	1983	14.74	29-Jun-96	KELOWNA
		15	JOSIE PLITT	2005	14.96	30-Jun-17	KELOWNA
		16	PIPER JORGENSON	2006	15.11	27-May-18	ST ALBERT
		17	CHELSEA SHURGOT	1980	15.34	26-Jun-92	KELOWNA
		17	MELONIE GROEGER	1974	15.34	23-May-87	LEDUC
		19	IZZY SEILER	2006	15.44	26-May-19	ST ALBERT
		20	JENNIFER POMERLEAU	1973	15.47	03-Jul-95	KELOWNA
		20	AVA SONNENBERG	2008	15.47	10-Jul-21	EDMONTON
	SHOT	1	SANDRA PAHAL	1973	10.12	24-May-86	LEDUC
	UNDER 14	2	CORRINE BREDIN	1980	9.75	04-Jul-93	KELOWNA
		3	BRETT FOLEY	1982	8.63	27-May-95	ST. ALBERT
		4	ELIZABETH THOMPSON	1974	8.41	20-Jun-87	EDMONTON
		5	JENNIFER METZ	1975	8.40	18-Jun-88	RED DEER
		5	COLLETTE GOUDREAU	1973	8.40	14-Jun-86	RED DEER
		7	MAELYNN HODGINS	1970	8.32	24-Jul-83	LETHBRIDGE
		8	ANGIE LACHMAN	1979	8.27	26-Jun-92	KELOWNA
		9	TANYA WRIGHT	1981	8.07	28-May-94	ST. ALBERT
		10	JENNIFER POMERLEAU	1983	8.06	29-Jun-96	KELOWNA
		11	MELANIE HALWA	1982	7.97	27-May-95	ST. ALBERT
		12	ARIELLE BOCK	1994	7.95	23-Jun-07	EDMONTON
		13	MICHELLE MAKOWSKY	1981	7.93	18-Jun-94	CALGARY



		13	HEATHER SHURGOT	1983	7.93	29-Jun-96	KELOWNA
		15	MELISSA HOFER	1976	7.91	24-Jun-89	RED DEER
		16	ZARA ROCKWELL	1971	7.77	28-Jul-84	CALGARY
		17	CHARLOTTE BALDING	1988	7.65	26-May-01	ST. ALBERT
		18	AMANDA GUENTHER	1983	7.61	29-Jun-96	KELOWNA
	DISCUS	1	MAELLE DREBERT	2011	28.25	13-Jul-24	SHERWOOD PARK
	UNDER 14	2	CORRINE BREDIN	1980	26.82	04-Jul-93	KELOWNA
		3	AMARIAH WHARTON	2011	23.61	13-Jul-24	SHERWOOD PARK
		4	DEBBIE STEVENS	1969	22.79	29-May-82	SHERWOOD PARK
		5	GWYNNE FEDORUK	1969	22.42	16-May-82	OKOTOKS
		6	LIBBY DUNN	2006	21.89	29-Jun-19	EDMONTON
		7	ANGIE LACHMAN	1979	21.62	18-Jul-92	CALGARY
		7	KENNA BOLE	2004	21.16	23-Jul-17	SHERWOOD PARK
		9	SHERRY POMERLEAU	1986	20.32	28-Jun-98	KELOWNA
		9	JENNA LUNDE	1985	20.32	28-Jun-98	KELOWNA
		11	AYLIE DAHL	2006	19.75	29-Jun-19	KELOWNA
		12	CHARLOTTE BALDING	1988	19.28	26-May-01	ST. ALBERT
		13	THERESA MACDONALD	1988	19.08	30-Jun-01	KELOWNA
		14	LINDSEY DEMONE	2000	18.78	14-Jul-12	SHERWOOD PARK
		15	GINELLE DEMONE	1998	18.57	24-Jul-11	SHERWOOD PARK
		16	MAEGAN PATTISON	1990	18.24	30-Jun-02	KELOWNA
		17	PATRICIJA HIRSSONE	2006	17.62	22-Jun-19	EDMONTON
		18	JORDANNA RIDLEY	1985	17.58	28-Jun-98	KELOWNA
		19	LAUREN DELLEZAY	2005	17.56	16-Jun-18	CALGARY
		20	ISABELLA HJERTASS	2002	17.46	10-May-15	CALGARY
	JAVELIN	1	ANGIE LACHMAN	1979	22.66	18-Jul-92	CALGARY
	UNDER 14	2	GWYNNE FEDORUK	1969	21.70	29-May-82	SHERWOOD PARK
		3	ARIELLE BOCK	1994	21.03	12-May-07	ST. ALBERT
		4	DEBBIE STEVENS	1969	20.50	29-May-82	SHERWOOD PARK
		5	MICHELLE MAKOWSKY	1981	18.68	18-Jun-94	CALGARY
		6	DARA LEE GEAKE	1970	18.18	23-Jul-83	LETHBRIDGE
		7	ELIZABETH THOMSON	1974	17.80	14-Jun-87	RED DEER
		8	ABIOLA OMOYAYI	2009	17.18	16-May-22	CALGARY
		9	KENNA BOLE	2004	16.85	01-Jul-17	KELOWNA
		10	ARYONNAH KNEE	2009	16.38	19-Jun-22	EDMONTON
		11	TYLER MITCHELL	2005	16.06	30-Jun-18	KELOWNA
		12	BROOKLYN JOHN STON	2007	15.92	29-Jun-19	KELOWNA

		13	PATRICIJA HIRSSONE	2006	14.77	30-Jun-18	KELOWNA
		14	JILL METZ	1977	14.63	16-Jun-90	RED DEER
		15	MACLYN RAE PLITT	2009	14.17	19-Jun-22	EDMONTON
		16	KIM LOGAN	1969	13.97	15-May-82	OKOTOKS
		17	AMARIAH WHARTON	2011	13.81	05-May-24	EDMONTON
		18	BRETT FOLEY	1982	13.80	27-May-95	ST. ALBERT
		19	CLAIR KELLER	2010	13.58	19-Jun-22	EDMONTON
		20	LIBBY DUNN	2006	13.47	30-Jun-18	KELOWNA
	BALL THROW	1	ISABELLA HJERTASS	2002	36.80	13-Jun-15	SHERWOOD PARK
	UNDER 14	2	ISABELLA SHEPTAK	2002	29.39	13-Jun-15	SHERWOOD PARK
		3	AMY SWEET	2003	24.12	13-Jun-15	SHERWOOD PARK
		4	ALIYA PARMAR	1999	22.74	10-Jun-12	CALGARY
		5	LINDSAY DEMONE	2000	21.19	10-Jun-12	CALGARY
		6	KYRA HERMANN	1999	20.46	10-Jun-12	CALGARY
		7	CHEYENNE GOH	1999	19.91	10-Jun-12	CALGARY
		8	GABRIELLE SHEPTAK	2003	16.55	13-Jun-15	SHERWOOD PARK
		9	HALEY KEIRSTEAD	1999	12.25	10-Jun-12	CALGARY
	200 HURDLES	1	JAYME BIALIK	2007	31.49	29-Jun-19	KELOWNA
	UNDER 14	2	ARYONNAH KNEE	2009	31.89	17-Jun-22	EDMONTON
		3	JOSIE PLITT	2005	32.74	01-Jul-17	KELOWNA
		4	ANDREA JACOB	2008	32.77	11-Jul-21	EDMONTON
		5	MEADOW DREBERT	2006	33.53	29-Jun-19	KELOWNA
		6	AYLIE DAHL	2006	34.29	29-Jun-19	KELOWNA
		7	KYLEE ADAMKOWSKI	2005	34.56	01-Jul-17	KELOWNA
		8	AMARIAH WHARTON	2011	34.84	28-May-23	ST ALBERT
		9	RENAE DREBERT	2006	35.53	29-Jun-19	KELOWNA
		10	LAUREN DELLEZAY	2005	35.76	01-Jul-18	KELOWNA
		11	PATRICIJA HIRSSONE	2006	35.92	30-Jun-18	KELOWNA
		12	ISABELLA SHEPTAK	2002	37.07	11-May-14	CALGARY
		13	BREANN WILHELM	2000	36.13	30-Jun-13	KELOWNA
		14	REEGAN BROADBENT	2002	36.24	29-Jun-14	KELOWNA
		15	MAELLE DREBERT	2011	38.13	28-May-23	ST ALBERT
		16	VLADA URVANOVA	2012	39.81	01-Jun-24	LEDUC
	SHOT 2K	1	ANDREA JACOB	2008	7.09	08-Aug-21	SHERWOOD PARK
	UNDER 14	2	ELLA ROSS	2005	6.62	30-Jun-17	KELOWNA
		3	KENNA BOLE	2004	6.12	18-Jun-17	CALGARY
		4	ABIOLA OMOYAYI	2009	6.04	08-Aug-21	SHERWOOD PARK
		5	KYLEE ADAMKOWSKI	2005	5.94	18-Jun-17	CALGARY
		6	ARYONNAH KNEE	2009	5.45	08-Aug-21	SHERWOOD PARK
		7	LAUREN DELLEZAY	2005	5.44	18-Jun-17	CALGARY

		8	BRIANNA CATHCART	2008	5.40	08-Aug-21	SHERWOOD PARK
		9	JOSIE PLITT	2005	5.36	18-Jun-17	CALGARY
		10	JULIANA CHIPIUK	2005	3.83	23-Jul-17	SHERWOOD PARK
	HAMMER 3K	1	LAUREN DELLEZAY	2005	22.30	28-Jul-18	SHERWOOD PARK
	UNDER 14	2	TYLER MITCHELL	2005	16.21	29-Jun-18	KELOWNA
	SHOT 3K	1	MAELLE DREBERT	2011	8.47	18-Jun-23	CALGARY
	UNDER 14	2	ANDREA JACOB	2008	8.24	09-Jul-21	EDMONTON
		3	AMARIAH WHARTON	2011	8.21	12-May-24	CALGARY
		4	LIBBY DUNN	2006	7.92	23-Jun-19	EDMONTON
		5	ABIOLA OMOYAYI	2009	7.49	29-May-22	ST ALBERT
		6	ELLA ROSS	2005	7.33	15-Jul-18	CALGARY
		7	ARYONNAH KNEE	2009	7.27	26-Jun-22	LEDUC
		8	CLAIR KELLER	2010	7.13	27-May-23	ST ALBERT
		9	MCKENA FLEISHHACKER	2006	7.02	30-Jun-18	KELOWNA
		10	LAUREN DELLEZAY	2005	7.01	16-Jun-18	CALGARY
		11	TYLER MITCHELL	2005	7.00	30-Jun-18	KELOWNA
		12	MARY MCLEAN	2008	6.88	26-Jun-21	CALGARY
		13	AVA SONNENBERG	2008	6.69	17-Jul-21	LEDUC
		14	PIPER JORGENSON	2006	6.63	28-Jul-18	SHERWOOD PARK
		15	KYLEE ADAMKOWSKI	2005	6.57	09-Jun-18	LEDUC
		16	MEADOW DREBERT	2006	6.54	23-Jun-19	EDMONTON
		17	ELLA STEEL DOUGLAS	2007	6.44	26-May-19	ST ALBERT
		18	ALLEGRA PETASKY	2010	6.24	17-Jun-22	EDMONTON
		19	AYLIE DAHL	2006	6.05	22-Jul-19	SHERWOOD PARK
		20	PATRICIJA HIRSSONE	2006	5.97	23-Jun-19	EDMONTON
	TURBO JAV	1	TYLER MITCHELL	2005	18.74	09-Jun-18	LEDUC
	UNDER 14	2	LIBBY DUNN	2006	13.83	09-Jun-18	LEDUC
		3	AYLIE DAHL	2006	12.68	09-Jun-18	LEDUC
		4	PATRICIJA HIRSSONE	2006	10.70	09-Jun-18	LEDUC
		5	IZZY SEILER	2006	9.67	09-Jun-18	LEDUC
		6	MCKENA FLEISHHACKER	2006	9.08	09-Jun-18	LEDUC
		7	MEADOW DREBERT	2006	6.80	09-Jun-18	LEDUC
	1000M	1	LIBBY DUNN	2006	3:02.15	29-Jun-19	EDMONTON

	UNDER 14	2	MEADOW DREBERT	2006	3:06.69	29-Jun-19	EDMONTON
		3	JAYME BIALIK	2007	3:30.72	29-Jun-19	EDMONTON
		4	BROOKLYN JOHN STON	2007	3:35.12	29-Jun-19	EDMONTON
		5	PATRICIJA HIRSSONE	2006	3:38.71	29-Jun-19	EDMONTON
		6	ELLA STEEL DOUGLAS	2007	3:41.31	29-Jun-19	EDMONTON
	PENT	1	ANDREA JACOB	2008	1762	22-Aug-21	CALGARY
	UNDER 14						<b>Updated Oct 28 2024</b>