

### Outdoor U12 Girls

FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
60M	1	ELLA STEEL-DOUGLAS	2007	8.9	25-May-18	ST.ALBERT
UNDER 12	2	JAYME BIALIK	2007	8.93	29-Jun-18	KELOWNA
	3	LIBBY DUNN	2006	9.21	10-Jun-17	LEDUC
	4	ABIOLA AMOYAYI	2009	9.25	12-Sep-20	LEDUC
	5	ISABELLA SEILER	2006	9.38	10-Jun-17	LEDUC
	5	LANIYAH BRUCE	2012	9.38	13-May-23	CALGARY
	7	ANDREA JACOB	2008	9.39	16-Jun-18	CALGARY
	8	AVA SONNENBERG	2008	9.52	25-May-19	ST ALBERT
	9	ARYONNAH KNEE	2009	9.58	12-Jun-19	CALGARY
	10	MARY MACLEAN	2008	9.61	25-May-19	ST ALBERT
	11	JOSIE PLITT	2005	9.63	15-May-16	CALGARY
	12	KENNA BOLE	2004	9.71	21-May-15	CALGARY
	13	MCKENA FLEISCHHACKER	2006	9.73	10-Jun-17	LEDUC
	13	MAELLE DREBERT	2011	9.73	25-Jun-22	LEDUC
	15	AYLIE DAHL	2006	9.74	10-Jun-17	LEDUC
	16	ELLA ROSS	2005	9.76	29-May-16	ST ALBERT
	17	CADY MCCUBBING	2002	9.78	11-May-13	CALGARY
	17	SIENNA JORDAN	2008	9.78	25-May-18	ST.ALBERT
	19	GABRIELLE SHEPTAK	2003	9.82	10-May-14	CALGARY
	20	ASHLEY DUMONT-HYSLOP	2002	9.86	19-Jun-10	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
80M	1	JAYME BIALIK	2007	11.79	26-May-17	ST ALBERT
UNDER 12	2	LIBBY DUNN	2006	11.88	26-May-17	ST ALBERT
	3	LANIYAH BRUCE	2012	11.98	16-Jun-23	CALGARY
	4	ELLA STEEL-DOUGLAS	2007	12.08	26-May-17	ST ALBERT
	5	ISABELLA SEILER	2006	12.09	26-May-17	ST ALBERT
	6	AVA SONNENBERG	2008	12.5	02-Jun-19	LEDUC
	7	MCKENA FLEISHHACKER	2006	12.54	26-May-17	ST ALBERT
	8	KENNA BOLE	2004	12.86	12-Jul-14	SHERWOOD PARK
	9	JOSIE PLITT	2005	13.03	12-Jul-14	SHERWOOD PARK
	9	SAMARA MTSHIYA	2013	13.03	16-Jun-24	CALGARY
	11	ELLA ROSS	2005	13.56	13-Jun-15	SHERWOOD PARK
	12	KYLA SWEET	2004	13.6	13-Jun-15	SHERWOOD PARK
	13	LINDSAY DEMONE	2000	13.63	23-Jul-11	SHERWOOD PARK
	14	MARLEA DREBERT	2014	13.65	16-Jun-24	CALGARY
	15	BROOKLYN JOHNSTON	2007	13.69	26-May-17	ST ALBERT
	16	MAELLE DREBERT	2012	14.09	22-Jun-19	EDMONTON
	17	HALEY KEIRSTEAD	1999	14.27	11-Jul-10	SHERWOOD PARK
	18	KATIE KINSELLA	2000	14.3	09-May-09	ST.ALBERT

	19	GABY SEILER	2010	14.34	29-Jun-19	EDMONTON
	20	EMILIJA HIRSSONE	2010	14.98	22-Jun-19	EDMONTON
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
100M	1	GWYNNE FEDORUK	1969	13.44	19-July-1980	CALGARY
UNDER 12	2	MELANIE HALWA	1982	14.06	15-May-1993	LETHBRIDGE
	3	AMANDA GUENTHER	1983	14.48	17-May-1994	RED DEER
	4	JANICE ZAWASKI	1982	14.49	15-May-1993	LETHBRIDGE
	5	CHELSEA SHURGOT	1980	14.54	29-June-1991	KELOWNA
	5	JAYME BIALIK	2007	14.54	29-June-2018	KELOWNA
	7	HEATHER SHURGOT	1983	14.56	1-July-1994	KELOWNA
	8	MAEGAN PATTISON	1990	14.65	30-June-2001	KELOWNA
	8	ELLA STEEL DOUGLAS	2007	14.65	27-July-2018	SHERWOOD PARK
	10	MICHELLE MAKOWSKY	1981	14.70	9-May-1992	LETHBRIDGE
	10	LIBBY DUNN	2006	14.70	23-July-2017	SHERWOOD PARK
	12	SUSAN WEDMAAN	1967	14.74	11-June-1978	RED DEER
	13	ABIOLA AMOYAYI	2009	14.75	16-June-2019	CALGARY
	14	SHAY OSTAPOWICH	1976	14.90	13-June-1987	RED DEER
	15	ANDREA JACOB	2008	14.91	22-June-2019	EDMONTON
	16	JENNA LUNDE	1985	14.97	29-June-1996	KELOWNA
	17	AVA SONNENBERG	2008	14.99	29-June-2019	EDMONTON
	18	ARIELLE BOCK	1994	15.02	25-June-2005	CALGARY
	19	HEATHER WEGNER	1972	15.04	24-July-1983	LETHBRIDGE
	20	NATASHA SMALLWOOD	1996	15.09	12-May-2007	ST.ALBERT
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
150M	1	ABIOLA AMOYAYI	2009	22.05	12-Sep-20	LEDUC
UNDER 12	2	ELLA STEEL DOUGLAS	2007	22.07	23-Jun-18	CALGARY
	3	LIBBY DUNN	2006	22.29	23-Jul-17	SHERWOOD PARK
	4	JAYME BIALIK	2007	22.32	28-Jul-18	SHERWOOD PARK
	5	ANDREA JACOB	2008	22.53	02-Jun-19	LEDUC
	6	JOSIE PLITT	2005	22.7	02-Jul-16	SHERWOOD PARK
	6	AVA SONNENBERG	2008	22.70	2-JUN-19	LEDUC
	8	ISABELLA SEILER	2006	23.08	23-Jul-17	SHERWOOD PARK
	9	MCKENNA FLEISHHACKER	2006	23.19	10-Jun-17	LEDUC
	10	MAELLE DREBERT	2011	23.24	18-Jun-22	EDMONTON
	11	LANIYAH BRUCE	2012	23.41	09-Jul-23	SHERWOOD PARK
	12	ARYONNAH KNEE	2009	23.44	21-Jul-19	SHERWOOD PARK
	13	ELLA ROSS	2005	23.5	25-Jul-15	SHERWOOD PARK
	14	GABRIELLE SHEPTAK	2003	23.74	10-May-14	CALGARY
	15	KENNA BOLE	2004	23.78	30-May-15	ST ALBERT
	16	AYLIE DAHL	2006	23.95	10-Jun-17	LEDUC

	17	CADY MCCUBBING	2002	24.01	11-May-13	CALGARY
	18	ABIGAIL CLARK	2004	24.60	25-Jul-15	SHERWOOD PARK
	19	SIENNA JORDAN	2008	24.74	10-Jun-18	LEDUC
	20	SAMARA MTSHIYA	2013	24.96	01-Jun-24	LEDUC
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
200M	1	MELANIE HALWA	1982	28.62	15-May-1993	LETHBRIDGE
UNDER 12	2	GWYNNE FEDORUK	1969	28.64	19-July-1980	CALGARY
	3	JANICE ZAWASKI	1982	29.47	15-May-1993	LETHBRIDGE
	4	ANGIE LACHMAN	1979	29.54	10-June-1990	ST. ALBERT
	5	JAYME BIALIK	2007	29.79	01-Jul-18	KELOWNA
	6	HEATHER SHURGOT	1983	29.84	29-May-1984	ST. ALBERT
	7	CHELSEA SHURGOT	1980	30.16	29-June-1991	KELOWNA
	8	AMANDA GUENTHER	1983	30.24	28-May-1994	ST. ALBERT
	9	VICKY LYNCH	1970	30.54	19-July-1981	EDMONTON
	10	MAEGAN PATTISON	1990	30.74	30-June-2001	KELOWNA
	11	MICHELLE MAKOWSKY	1981	30.84	3-July-1992	RED DEER
	12	ANDREA JACOB	2008	30.91	29-Jun-19	EDMONTON
	13	MARY MACLEAN	2008	31.06	22-Jun-19	EDMONTON
	14	KENNA BOLE	2004	31.31	27-June-2015	KELOWNA
	15	NATASHA SMALLWOOD	1996	31.33	12-May-2007	ST. ALBERT
	16	AVA SONNENBERG	2008	31.51	22-Jun-19	EDMONTON
	17	ARIELLE BOCK	1994	31.52	1-July-2005	KELOWNA
	18	SHAY OSTAPOWICH	1976	31.65	24-May-1987	LEDUC
	19	CALLIE LAWRENCE	1982	31.84	29-May-1993	ST. ALBERT
	20	LEE EVANS	1976	32.14	23-May-1987	LEDUC
FEMALE	1	ARYONNAH KNEE	2009	50.46	12-Sep-20	LEDUC
300 M	2	MAELLE DREBERT	2011	51.28	16-Jul-22	EDMONTON
UNDER 12	3	ELLA ROSS	2005	52.11	29-May-16	ST. ALBERT
	4	ABIOLA AMOYAYI	2009	52.81	27-May-18	ST. ALBERT
	5	JOSIE PLITT	2005	53.48	29-May-16	ST. ALBERT
	6	SLOAN BALL	2015	54.22	01-Jun-24	LEDUC
	7	MCKENNA FLEISHHACKER	2006	55.68	29-May-16	ST. ALBERT
	8	MARLEA DREBERT	2014	55.88	28-May-23	ST ALBERT
	9	NIYARA BRUCE	2016	56.24	23-Jun-24	EDMONTON
	10	ANDREA JACOB	2008	56.58	10-Jun-17	LEDUC
	11	GABRIELLA SEILER	2010	56.95	12-Sep-20	LEDUC
	12	BROOKLYN JOHNSTON	2007	58.88	29-May-16	ST. ALBERT
	13	LEXI DREBERT	2016	59.13	26-May-24	ST ALBERT
	14	EMILIJA HIRSSONE	2010	60.04	12-Sep-20	LEDUC
	15	NOVA ARMSTRONG	2010	61.69	02-Jun-19	LEDUC
	16	ADYSON CHARPENTIER	2009	65.8	10-Jun-17	LEDUC

	17	HALEY HOYDA	2016	68.98	26-May-24	ST. ALBERT
	18	MADELEINE ST CYR	2012	73.94	16-Jul-22	EDMONTON
	19	JORDAN ROBINSON	2012	81.02	16-Jul-22	EDMONTON
	20	ALI HOYDA	2014	81.44	29-May-22	ST ALBERT
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
400M	1	MELANIE HALWA	1982	63.98	29-May-93	ST. ALBERT
UNDER 12	2	JANICE ZAWASKI	1982	64.95	27-Jun-93	RED DEER
	3	GWYNNE FEDORUK	1969	66.58	10-May-80	OKOTOKS
	4	ANGIE LACHMAN	1979	66.98	30-Jun-90	KELOWNA
	5	SHAY OSTAPOWICH	1976	68.90	20-Jun-87	EDMONTON
	6	HEATHER SHURGOT	1983	69.01	01-Jul-94	KELOWNA
	7	JEANINE BROD	1981	69.98	26-Jun-92	KELOWNA
	8	KERRY WILLIAMS	1976	70.08	23-May-87	LEDUC
	9	SHERRY POMERLEAU	1986	70.38	29-Jun-96	KELOWNA
	10	CHRISTINE ZAWASKI	1980	71.28	29-Jun-91	KELOWNA
	11	AMANDA GUENTHER	1983	71.33	01-Jul-94	KELOWNA
	12	VICKY LYNCH	1970	71.38	18-Jul-81	EDMONTON
	13	MICHELLE MAKOWSKY	1981	71.44	03-Jul-92	RED DEER
	14	CHELSEA SHURGOT	1980	71.78	15-Jun-91	EDMONTON
	15	HEATHER KRUEGER	1978	71.79	24-Jun-89	RED DEER
	16	CALLIE LAWRENCE	1982	71.98	29-May-93	ST. ALBERT
	17	JENNY ANDERSON	1982	73.15	04-Jul-93	KELOWNA
	18	GABRIELLE SHEPTAK	2003	73.95	22-Jun-13	EDMONTON
	19	HALEY KEIRSTEAD	1999	74.07	12-Jun-10	EDMONTON
	20	NICOLE MARVIN	1981	74.54	09-May-92	LETHBRIDGE
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
600M	1	LIBBY DUNN	2006	1:49.22	23-Jul-17	SHERWOOD PARK
UNDER 12	2	MAELLE DREBERT	2011	1:50.70	19-Jun-22	CALGARY
	3	MARY MACLEAN	2008	1:54.08	29-Jun-19	EDMONTON
	4	AVA SONNENBERG	2008	1:54.70	26-May-19	ST.ALBERT
	5	ISABELLA SEILER	2006	1:55.57	23-Jul-17	SHERWOOD PARK
	6	JOSIE PLITT	2005	1:56.32	02-Jul-16	SHERWOOD PARK
	7	GABRIELLE SHEPTAK	2003	1:56.35	10-May-14	CALGARY
	8	KENNA BOLE	2004	1:57.15	10-May-15	CALGARY
	9	JAYME BIALIK	2007	1:57.69	27-May-18	ST.ALBERT
	10	ABIOLA AMOYAYI	2009	1:57.72	16-Jun-19	CALGARY
	11	HALEY KEIRSTEAD	1999	1:58.30	19-Jun-10	CALGARY
	12	ANDREA JACOB	2008	1:58.53	29-Jun-19	EDMONTON

	13	JULIANA CHIPIUK	2005	1:59.50	29-May-16	ST ALBERT
	14	ARYONNAH KNEE	2009	2:00.62	29-Jun-19	KELOWNA
	15	ELLA ROSS	2005	2:00.80	25-Jul-15	SHERWOOD PARK
	16	MCKENA FLEISCHHACKER	2006	2:01.32	23-Jul-17	SHERWOOD PARK
	17	GABBY SEILER	2010	2:03.00	17-Jul-21	LEDUC
	18	CLAIR KELLER	2010	2:05.29	17-Jul-21	LEDUC
	19	CADY MCCUBBING	2002	2:06.71	11-May-13	CALGARY
	20	MARLEA DREBERT	2014	2:05.88	12-May-24	CALGARY
<b>FEMALE</b>		<b>NAME</b>	<b>YEAR</b>	<b>PERF.</b>	<b>DATE</b>	<b>LOCATION</b>
800M	1	JANICE ZAWASKI	1982	2:32.36	04-Jul-93	KELOWNA
UNDER 12	2	MELANIE HALWA	1982	2:34.21	04-Jul-93	KELOWNA
	3	NATASHA SMALLWOOD	1996	2:35.99	30-Jun-07	KELOWNA
	4	VICKY LYNCH	1970	2:37.88	02-Aug-81	CALGARY
	4	SHERRY POMERLEAU	1986	2:37.88	29-Jun-97	KELOWNA
	6	CHRISTINE ZAWASKI	1980	2:39.86	29-Jun-91	KELOWNA
	7	MARY MACLEAN	2008	2:40.53	29-Jun-19	EDMONTON
	8	SHAY OSTAPOWICH	1976	2:40.78	20-Jun-87	EDMONTON
	9	NICOLE MARVIN	1981	2:41.27	26-Jun-92	KELOWNA
	10	GWYNNE FEDORUK	1969	2:42.08	21-Jul-79	CALGARY
	11	ABIOLA OMOYAYI	2009	2:42.41	12-Sep-21	LEDUC
	12	LIBBY DUNN	2006	2:43.66	28-May-17	ST ALBERT
	13	ARYONNAH KNEE	2009	2:44.09	12-Sep-21	LEDUC
	14	HEATHER SHURGOT	1983	2:44.41	04-Jul-93	KELOWNA
	15	AVA SONNENBERG	2008	2:45.05	29-Jun-19	EDMONTON
	16	CALLIE LAWRENCE	1982	2:45.46	26-Jun-92	KELOWNA
	17	JEANINE BROD	1981	2:45.58	26-Jun-92	KELOWNA
	18	HEATHER KRUEGER	1978	2:45.98	11-Jun-89	ST ALBERT
	19	ANGIE LACHMAN	1979	2:46.08	30-Jun-90	KELOWNA
	20	HALEY KEIRSTEAD	1999	2:46.98	11-Jul-10	SHERWOOD PARK
<b>FEMALE</b>		<b>NAME</b>	<b>YEAR</b>	<b>PERF.</b>	<b>DATE</b>	<b>LOCATION</b>
1000M	1	AVA SONNENBERG	2008	3:25.68	02-Jun-19	LEDUC
UNDER 12	2	LIBBY DUNN	2006	3:28.83	11-Jun-17	LEDUC
	3	KENNA BOLE	2004	3:31.21	10-May-15	CALGARY
	4	MARY MACLEAN	2008	3:31.34	30-Jun-18	KELOWNA
	5	HALEY KEIRSTEAD	1999	3:34.66	26-Jun-10	ST.ALBERT
	6	MAELLE DREBERT	2011	3:36.69	15-May-22	CALGARY
	7	BROOKLYN JOHNSTON	2007	3:37.50	30-Jun-18	KELOWNA
	8	ABIOLA AMOYAYI	2009	3:37.89	30-Jun-18	KELOWNA
	9	GABRIELLE SHEPTAK	2003	3:39.81	10-May-14	CALGARY

	10	ARYONNAH KNEE	2009	3:41.41	29-Jun-19	KELOWNA
	11	ELLA ROSS	2005	3:42.69	10-May-15	CALGARY
	12	ISABELLA SEILER	2006	3:42.69	01-Jul-17	KELOWNA
	13	MCKENA FLEISCHHACKER	2006	3:49.47	01-Jul-17	KELOWNA
	14	JOSIE PLITT	2005	3:50.70	15-May-16	CALGARY
	15	ANDREA JACOB	2008	3:51.40	30-Jun-18	KELOWNA
	16	MARLEA DREBERT	2014	3:52.07	01-Jun-24	LEDUC
	17	CADY MCCUBBING	2002	3:58.02	11-May-13	CALGARY
	18	LINDSAY DEMONE	2000	3:59.13	03-Jul-11	KELOWNA
	19	AYLIE DAHL	2006	4:09.98	11-Jun-17	LEDUC
	20	KYLA SWEET	2004	4:10.12	13-Jun-15	SHERWOOD PARK
<b>FEMALE</b>		<b>NAME</b>	<b>YEAR</b>	<b>PERF.</b>	<b>DATE</b>	<b>LOCATION</b>
1500M	1	JANICE ZAWASKI	1982	5:23.73	04-Jul-93	KELOWNA
UNDER 12	2	NATASHA SMALLWOOD	1996	5:27.30	30-Jun-07	KELOWNA
	3	NICOLE MARVIN	1981	5:27.59	26-Jun-92	KELOWNA
	4	CHRISTINE ZAWASKI	1980	5:30.27	29-Jun-91	KELOWNA
	5	SHERRY POMERLEAU	1986	5:35.78	29-Jun-97	KELOWNA
	6	HALEY KEIRSTEAD	1999	5:39.51	04-Jul-10	KELOWNA
	7	CALLIE LAWRENCE	1982	5:46.53	26-Jun-92	KELOWNA
	8	DEVIN FLINT	1996	5:47.05	30-Jun-07	KELOWNA
	9	MELANIE HALWA	1982	5:47.48	04-Jul-93	KELOWNA
	10	HEATHER SHURGOT	1983	5:54.23	04-Jul-93	KELOWNA
	11	SAMANTHA BENDORITIS	1996	6:04.64	01-Jul-06	KELOWNA
	12	TARYN FOLEY	1984	6:06.98	03-Jul-95	KELOWNA
	13	KATHY SHEPTAK	1970	6:12.18	01-Jul-81	EDMONTON
	14	KAYLA NEUFELD	1983	6:20.48	04-Jul-93	KELOWNA
	15	JUSTINE GREIG	1985	6:23.38	29-Jun-96	KELOWNA
	16	JILL HACKING	1995	6:26.45	01-Jul-05	KELOWNA
	17	DARA LEE GEAKE	1970	6:28.18	01-Jul-81	EDMONTON
	17	LEE ANN JOHNSEN	1987	6:28.18	29-Jun-97	KELOWNA
	19	AMANDA GUENTHER	1983	6:29.80	26-Jun-92	KELOWNA
	20	CASSIDY HUCULAK	1985	6:33.68	03-Jul-95	KELOWNA
<b>FEMALE</b>		<b>NAME</b>	<b>YEAR</b>	<b>PERF.</b>	<b>DATE</b>	<b>LOCATION</b>
LONG JUMP	1	ELLA STEEL DOUGLAS	2007	4.62	27-May-18	ST.ALBERT
UNDER 12	2	GWYNNE FEDORUK	1969	4.58	15-Jun-80	RED DEER
	3	MELANIE HALWA	1982	4.39	04-Jul-93	KELOWNA
	4	ANDREA JACOB	2008	4.21	22-Jun-19	EDMONTON
	5	AVA SONNENBERG	2008	4.13	26-May-19	ST. ALBERT
	6	HEATHER WEGNER	1972	4.11	24-Jul-83	LETHBRIDGE
	7	JENNA LUNDE	1985	4.09	29-Jun-96	KELOWNA
	8	MARY MACLEAN	2008	4.06	22-Jun-19	EDMONTON
	9	MICHELLE MAKOWSKY	1981	4.02	03-Jul-92	RED DEER

	10	HEATHER SHURGOT	1983	3.96	27-May-94	ST. ALBERT
	11	JAYME BIALIK	2007	3.93	28-Jul-18	SHERWOOD PARK
	12	ANGIE LACHMAN	1979	3.9	16-Jun-90	RED DEER
	13	AMANDA GUENTHER	1983	3.88	18-Jun-94	CALGARY
	14	ARIELLE BOCK	1994	3.85	25-Jun-05	CALGARY
	15	MARY MACLEAN	2008	3.77	24-Jun-18	CALGARY
	15	MAELLE DREBERT	2011	3.77	16-Jul-22	EDMONTON
	17	MAEGAN PATTISON	1990	3.76	30-Jun-01	KELOWNA
	18	SHERRY POMERLEAU	1986	3.75	29-Jun-97	KELOWNA
	19	LIBBY DUNN	2006	3.68	22-Jul-17	SHERWOOD PARK
	20	ABIOLA OMOYAYI	2009	3.65	02-Jun-19	LEDUC

FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
HIGH JUMP	1	HEATHER WEGNER	1972	1.33	24-Jul-83	LETHBRIDGE
UNDER 12	2	HEATHER SHURGOT	1983	1.32	04-Jun-94	LETHBRIDGE
	3	MICHELLE MAKOWSKY	1981	1.3	03-Jul-92	RED DEER
	3	ELLA STEEL DOUGLAS	2007	1.3	28-Jul-18	SHERWOOD PARK
	5	AMANDA GUENTHER	1983	1.28	01-Jul-94	KELOWNA
	6	ANGIE LACHMAN	1979	1.25	26-May-90	LEDUC
	6	JOSIE PLITT	2005	1.25	02-Jul-16	SHERWOOD PARK
	6	JAYME BIALIK	2007	1.25	24-Jun-18	CALGARY
	9	MELANIE HALWA	1982	1.23	15-May-93	LETHBRIDGE
	9	JENNA LUNDE	1985	1.23	16-Jun-96	RED DEER
	11	ELISE EVANS	1988	1.2	26-Jun-99	KELOWNA
	11	JENNY ANDERSON	1982	1.2	04-Jul-93	KELOWNA
	11	SHAY OSTAPOWICH	1976	1.2	20-Jun-87	EDMONTON
	11	MAEGAN PATTISON	1990	1.2	30-Jun-01	KELOWNA
	11	KRYSTEN PATTISON	1993	1.2	02-Jul-04	KELOWNA
	11	LINDSAY DEMONE	2000	1.2	03-Jul-11	KELOWNA
	11	ANDREA JACOB	2008	1.2	21-Jul-19	SHERWOOD PARK
	18	SHERRY POMERLEAU	1986	1.15	29-Jun-96	KELOWNA
	18	JEANNINE BROD	1981	1.15	26-Jun-92	KELOWNA
	18	JANICE ZAWASKI	1982	1.15	04-Jul-93	KELOWNA
	18	CASSIDY KINSELLA	1995	1.15	01-Jul-06	KELOWNA
	18	KENNA BOLE	2004	1.15	27-Jun-15	KELOWNA
	18	LIBBY DUNN	2006	1.15	02-Jul-16	SHERWOOD PARK
	18	AYLIE DAHL	2006	1.15	10-Jun-17	LEDUC
	18	MARLEA DREBERT	2011	1.15	24-Jul-22	SHERWOOD PARK

FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
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TRIPLE JUMP	1	HEATHER SHURGOT	1983	8.13	01-Jul-94	KELOWNA
UNDER 12	2	SHERRY POMERLEAU	1986	8.07	29-Jun-97	KELOWNA
	3	MICHELLE MAKOWSKY	1981	7.99	26-Jun-92	KELOWNA
	4	MAEGAN PATTISON	1990	7.96	30-Jun-01	KELOWNA
	5	AMANDA GUENTHER	1983	7.79	01-Jul-94	KELOWNA
	6	JANICE ZAWASKI	1982	7.55	04-Jul-93	KELOWNA
	7	JEANNINE BROD	1981	7.4	26-Jun-92	KELOWNA
	8	NATASHA SMALLWOOD	1996	7.1	30-Jun-07	KELOWNA
	9	JENNA LUNDE	1985	6.96	29-Jun-96	KELOWNA
	10	KAYLA NEUFELD	1983	6.96	01-Jul-94	KELOWNA
	11	CALLIE LAWRENCE	1982	6.88	04-Jul-93	KELOWNA
	12	ERIKA OSWALD	1990	6.71	30-Jun-01	KELOWNA
	13	THEMIS JENSEN	1983	6.22	01-Jul-94	KELOWNA
	14	DEVIN FLINT	1996	6.2	30-Jun-07	KELOWNA
	15	VANESSA BOUDREAU	1983	6	01-Jul-94	KELOWNA
	16					
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
DISCUS	1	MAELLE DREBERT	2011	19.91	08-Aug-21	SHERWOOD PARK
UNDER 12	2	VICKY LYNCH	1970	15.09	01-Jul-81	EDMONTON
	3	MELANIE HALWA	1982	14.98	04-Jul-93	KELOWNA
	4	LINDSAY DEMONE	2000	14.87	24-Jul-11	SHERWOOD PARK
	5	MCKENNA FLEISHHACKER	2006	14.36	23-Jul-17	SHERWOOD PARK
	6	ELISE EVANS	1988	13.46	26-Jun-99	KELOWNA
	7	LAUREN DELLEZAY	2005	12.84	02-Jul-16	KELOWNA
	8	MICHELLE MAKOWSKY	1981	12.72	26-Jun-92	KELOWNA
	9	AYLIE DAHL	2006	12.63	23-Jul-17	SHERWOOD PARK
	10	LIBBY DUNN	2006	12.13	23-Jul-17	SHERWOOD PARK
	11	THEMIS JENSEN	1983	11.54	01-Jul-94	KELOWNA
	12	JAYME BIALIK	2007	11.39	28-Jul-18	SHERWOOD PARK
	13	ANDREA JACOB	2008	11.35	28-Jul-18	SHERWOOD PARK
	14	MARLEA DREBERT	2014	11.22	14-Jul-24	SHERWOOD PARK
	15	MARY MACLEAN	2008	10.67	30-Jun-18	KELOWNA
	16	ELLA ROSS	2005	10.6	10-May-15	CALGARY
	17	JEANNINE BROD	1981	10.58	26-Jun-92	KELOWNA
	18	VLADA URVANOVA	2012	10.52	09-Jul-23	SHERWOOD PARK
	19	JANICE ZAWASKI	1982	10.46	04-Jul-93	KELOWNA
	20	BROOKLYN JOHNSTON	2007	10.4	30-Jun-18	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
SHOT 6LB	1	SHERRY POMERLEAU	1986	7.39	29-Jun-97	KELOWNA
UNDER 12	2	ELISE EVANS	1988	7.28	26-Jun-99	KELOWNA
	3	MICHELLE MAKOWSKY	1981	6.72	09-May-92	LETHBRIDGE
	4	MAEGAN PATTISON	1990	6.57	30-Jun-01	KELOWNA

	5	ANGIE LACHMAN	1979	6.55	16-Jun-90	RED DEER
	6	NATASHA SMALLWOOD	1996	6.39	26-May-07	LETHBRIDGE
	7	JEANNINE BROD	1981	6.3	09-May-92	LETHBRIDGE
	8	HEATHER KRUEGER	1978	6	24-Jun-89	RED DEER
	9	MELODY REGNIER	1978	5.9	24-Jul-89	RED DEER
	10	TARYN FOLEY	1984	5.87	03-Jul-95	KELOWNA
	11	LEE EVANS	1976	5.79	20-Jun-87	EDMONTON
	11	DEVIN FLINT	1996	5.79	23-Jun-07	EDMONTON
	13	HEATHER SHURGOT	1983	5.77	18-Jun-94	CALGARY
	14	CHELSEA SHURGOT	1980	5.71	27-Jun-91	KELOWNA
	15	MELINDA KRUEGER	1980	5.29	27-Jun-91	KELOWNA
	16	MICHELLE GAGNON	1969	5.21	10-May-80	OKOTOKS
	17	SHAUNA BEGG	1977	5.12	12-Jun-88	ST. ALBERT
	18	SHEENA BASSANI	1972	5.1	14-May-83	OKOTOKS
	19	JENNA LUNDE	1986	5.05	16-Jun-96	RED DEER
	20	THEMIS JENSEN	1983	4.98	28-May-94	ST.ALBERT
FEMALE	1	MAELLE DREBERT	2011	8.08	14-May-22	CALGARY
SHOT 2K	2	LIBBY DUNN	2006	7.83	23-Jul-17	SHERWOOD PARK
UNDER 12	3	MCKENA FLEISCHHACKER	2006	7.5	30-Jun-17	KELOWNA
	4	ELLA ROSS	2005	7.2	29-May-16	ST. ALBERT
	5	ELLA STEEL-DOUGLAS	2007	6.8	28-Jul-18	SHERWOOD PARK
	6	MARY MACLEAN	2008	6.77	29-Jun-19	EDMONTON
	7	ANDREA JACOB	2008	6.65	21-Jul-19	SHERWOOD PARK
	8	LAUREN CARDINAL	1999	6.49	04-Jul-10	KELOWNA
	9	SAMARA MTSHIYA	2013	6.23	23-Jun-24	EDMONTON
	10	VLADA URVANOVA	2012	6.10	09-Jul-23	SHERWOOD PARK
	11	LINDSAY DEMONE	2000	6.06	24-Jul-11	SHERWOOD PARK
	11	JOSIE PLITT	2005	6.03	02-Jul-16	SHERWOOD PARK
	13	JAYME BIALIK	2007	6.03	28-Jul-18	SHERWOOD PARK
	14	MACY MCCUBBING	2004	5.98	30-May-15	ST.ALBERT
	15	CLAIR KELLER	2010	5.97	17-Jul-21	LEDUC
	16	ABIOLA AMOYAYI	2009	5.89	12-Sep-20	LEDUC
	17	ARYONNAH KNEE	2009	5.87	21-Jul-19	SHERWOOD PARK
	18	ABIGAIL CLARK	2004	5.86	30-May-15	ST ALBERT
	19	MARLEA DREBERT	2014	5.76	12-May-24	CALGARY
	20	EMILIJA HIRSSONE	2010	5.71	17-Jul-21	LEDUC
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
BALL THROW	1	MAELLE DREBERT	2011	29.3	17-Jul-22	EDMONTON
UNDER 12	2	KENNA BOLE	2004	27.38	30-May-15	ST.ALBERT



FEMALE						
60M HURDLES	1	JAYME BIALIK	2007	10.68	30-Jun-18	KELOWNA
UNDER 12	2	MAELLE DREBERT	2011	11.48	18-Jun-22	EDMONTON
	3	ANDREA JACOB	2008	11.87	30-Jun-18	KELOWNA
	4	JOSIE PLITT	2005	12.37	27-Jun-15	KELOWNA
	5	ABIOLA AMOYAYI	2009	12.48	30-Jun-18	KELOWNA
	6	MARY MACLEAN	2008	13.75	30-Jun-18	KELOWNA
	7	KENNA BOLE	2004	14	30-Jun-13	KELOWNA
	8	BROOKLYN JOHNSTON	2007	14.37	02-Jul-16	KELOWNA
		HALEY KEIRSTEAD	1999	16.47	04-Jul-10	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
400G JAV	1	IZZY SEILER	2006	13.00	01-Jul-17	KELOWNA
UNDER 12	2	ANDREA JACOB	2008	12.64	30-Jun-18	KELOWNA
	3	MARLEA DREBERT	2014	12.56	12-May-24	CALGARY
	4	MCKENNA FLEISHHACKER	2006	12.25	01-Jul-17	KELOWNA
	5	ARYONNAH KNEE	2009	8.78	29-Jun-19	KELOWNA
	6	BROOKLYN JOHNSTON	2007	8.51	30-Jun-18	KELOWNA
	7	LANIYAH BRUCE	2012	6.90	14-May-23	CALGARY
	8	ABIOLA OMOYAYI	2009	6.74	29-Jun-19	KELOWNA

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