

Indoor U12 Girls

FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
U12	1	GWYNNE FEDORUK	1969	7.34	30-Dec-80	SASKATOON
50M	2	AMANDA GUENTHER	1983	7.64	13-Feb-94	EDMONTON
	3	SANDRA PAHAL	1973	7.64	02-Dec-84	EDMONTON
	4	ELLA STEEL DOUGLAS	2007	7.71	18-Feb-18	EDMONTON
	5	MICHELLE MAKOWSKY	1981	7.74	08-Feb-92	EDMONTON
	6	COLLETTE GOUDREAU	1973	7.74	02-Dec-84	EDMONTON
	7	JAYME BIALIK	2007	7.96	18-Feb-18	EDMONTON
	8	JEANNINE BROD	1981	8.04	26-Jan-92	CALGARY
	9	ELIZABETH THOMPSON	1974	8.06	23-Mar-85	EDMONTON
	10	LEE EVANS	1976	8.06	14-Feb-87	EDMONTON
	11	ANDREA JACOB	2008	8.08	19-Feb-19	EDMONTON
	12	ABIOLA OMOYAYI	2009	8.12	10-Mar-19	EDMONTON
	13	SHAUNA BEGG	1977	8.14	17-Dec-88	EDMONTON
	14	SHAY OSTAPOWICH	1976	8.14	15-Jan-87	EDMONTON
	15	JANICE ZAWASKI	1982	8.15	12-Dec-92	EDMONTON
	16	DEBBIE FOSTER	1978	8.16	09-Dec-89	EDMONTON
	17	HEATHER WEGNER	1972	8.20	12-Feb-83	EDMONTON
	18	LEONA MUGFORD	1974	8.21	23-Mar-85	EDMONTON
	19	LYNN YAKOWESHEN	1974	8.32	23-Mar-85	EDMONTON
	19	HEIDI WILKES	1974	8.38	23-Mar-85	EDMONTON
	20	MARY MACLEAN	2008	8.39	10-Mar-19	EDMONTON
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
60M	1	MELANIE HALWA	1982	8.68	04-Dec-93	CALGARY
	2	ELLA STEEL DOUGLAS	2007	8.79	17-Nov-18	EDMONTON
	3	CHELSEA SHURGOT	1980	8.82	19-Dec-91	EDMONTON
	4	JANICE ZAWASKI	1982	8.83	04-Dec-93	CALGARY
	5	JAYME BIALIK	2007	8.83	17-Nov-18	EDMONTON
	6	ANGIE LACHMAN	1979	8.84	02-Dec-90	CALGARY
	7	LIBBY DUNN	2006	8.84	10-Dec-17	CALGARY
	8	MERCEDES FOWLER	2001	8.95	24-Nov-12	EDMONTON
	9	HEATHER SHURGOT	1983	9.00	10-Dec-94	EDMONTON
	10	MAEGAN PATTISON	1990	9.03	28-Apr-01	SASKATOON
	11	AMANDA GUENTHER	1983	9.10	29-Apr-94	SASKATOON
	12	MICHELLE MAKOWSKY	1981	9.11	27-Nov-92	CALGARY
	13	ARIELLE BOCK	1994	9.18	10-Dec-05	CALGARY
	14	ABIOLA OMOYAYI	2009	9.20	26-Jan-20	CALGARY
	15	MARIE CHALIFOUX	1984	9.24	09-Dec-95	CALGARY
	16	IZZY SEILER	2006	9.26	10-Dec-17	CALGARY
	17	CARA PATTERSON	1992	9.30	13-Dec-03	CALGARY
	18	JENNA LUNDE	1985	9.34	09-Dec-95	CALGARY
	19	NATASHA SMALLWOOD	1996	9.34	08-Dec-07	CALGARY
	20	ALLEGRA PETASKY	2010	9.37	05-Dec-21	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION

150M	1	LIBBY DUNN	2006	21.72	10-Dec-17	CALGARY
150M	2	MERCEDES FOWLER	2001	21.99	01-Dec-12	CALGARY
	3	JAYME BIALIK	2007	22.08	10-Dec-17	CALGARY
	4	ABIOLA OMOYAYI	2009	22.29	16-Feb-20	EDMONTON
	5	ELLA STEEL DOUGLAS	2007	22.40	18-Feb-18	EDMONTON
	6	ARYONNAH KNEE	2009	22.62	01-Mar-20	EDMONTON
	7	ALLEGRA PETASKY	2010	23.04	05-Dec-21	CALGARY
	8	IZZY SEILER	2006	23.04	10-Dec-17	CALGARY
	9	ELLA ROSS	2005	23.26	20-Nov-16	EDMONTON
	10	JOSIE PLITT	2005	23.27	04-Dec-16	CALGARY
	11	MAELLE DREBERT	2011	23.50	04-Dec-22	CALGARY
	12	JULIANA CHIPIUK	2005	23.56	04-Dec-16	CALGARY
	13	LANIYAH BRUCE	2012	23.80	04-Mar-23	EDMONTON
	14	CADY MCCUBBING	2002	24.26	14-Dec-13	CALGARY
	15	MARY MACLEAN	2008	24.29	08-Dec-18	CALGARY
	16	KENNA BOLE	2004	24.37	07-Mar-15	EDMONTON
	17	ANDREA JACOB	2008	24.50	03-Mar-18	EDMONTON
	18	ISABELLA SHEPTAK	2002	24.60	14-Dec-13	CALGARY
	19	BROOKLYN JOHNSTON	2007	24.80	20-Nov-16	EDMONTON
	20	MEADOW DREBERT	2006	25.01	10-Dec-17	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
200M	1	MELANIE HALWA	1982	28.72	04-Dec-93	CALGARY
	2	GWYNNE FEDORUK	1969	29.14	17-Feb-79	EDMONTON
	3	JANICE ZAWASKI	1982	29.71	04-Dec-93	CALGARY
	4	JAYME BIALIK	2007	29.71	17-Mar-18	EDMONTON
	5	ANGIE LACHMAN	1979	29.88	08-Dec-90	EDMONTON
	6	MICHELLE MAKOWSKY	1981	30.13	12-Dec-92	EDMONTON
	7	CHELSEA SHURGOT	1980	30.24	19-Dec-91	EDMONTON
	8	AMANDA GUENTHER	1983	30.86	05-Mar-94	EDMONTON
	9	MAEGAN PATTISON	1990	30.88	17-Mar-01	EDMONTON
	10	HEATHER SHURGOT	1983	31.26	05-Mar-94	EDMONTON
	11	MARIE CHALIFOUX	1984	31.71	02-Dec-95	EDMONTON
	12	NATASHA SMALLWOOD	1996	31.83	17-Mar-07	CALGARY
	13	ELIZABETH THOMPSON	1974	31.88	23-Mar-85	EDMONTON
	14	ANDREA JACOB	2008	32.01	18-Feb-19	EDMONTON
	15	CALLIE LAWRENCE	1982	32.15	04-Dec-93	CALGARY
	16	LEE EVANS	1976	32.16	14-Feb-87	EDMONTON
	17	ELLA ROSS	2005	32.26	20-Nov-16	EDMONTON
	18	CHRISTINE ZAWASKI	1980	32.41	01-Dec-91	CALGARY
	19	SHERRY POMERLEAU	1986	32.52	07-Dec-96	CALGARY
	20	HEATHER WEGNER	1972	32.70	12-Feb-83	EDMONTON
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
300M	1	MELANIE HALWA	1982	45.67	01-May-93	SASKATOON
	2	GWYNNE FEDORUK	1969	46.46	29-Dec-80	SASKATOON
	3	JANICE ZAWASKI	1982	48.48	01-May-93	SASKATOON

	4	NATASHA SMALLWOOD	1996	49.56	08-Dec-07	CALGARY
	5	ABIOLA OMOYAYI	2009	49.59	16-Feb-20	EDMONTON
	6	HEATHER SHURGOT	1983	50.07	29-Apr-94	SASKATOON
	7	ARYONNAH KNEE	2009	50.16	16-Feb-20	EDMONTON
	8	AMANDA GUENTHER	1983	50.72	29-Apr-94	SASKATOON
	9	ZARA ROCKWELL	1971	52.14	27-Nov-82	EDMONTON
	10	CALLIE LAWRENCE	1982	52.40	23-Jan-93	EDMONTON
	11	ARIELLE BOCK	1994	52.83	10-Dec-05	CALGARY
	12	PAM FISS	1974	53.37	27-Dec-85	SASKATOON
	13	JENNY ANDERSON	1982	53.50	01-May-93	SASKATOON
	14	LANIYAH BRUCE	2012	53.62	04-Mar-23	EDMONTON
	15	HEATHER WEGNER	1972	53.64	27-Nov-82	EDMONTON
	16	SHERRY POMERLEAU	1986	55.04	20-Jan-95	EDMONTON
	17	KJELTI WILKES	1973	55.34	02-Dec-84	EDMONTON
	18	MAELLE DREBERT	2011	55.61	16-Feb-20	EDMONTON
	19	TARYN FOLEY	1984	55.75	20-Jan-95	EDMONTON
	20	NOELLE CAKMAK	1997	55.76	06-Dec-08	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
400M	1	MELANIE HALWA	1982	65.00	11-Dec-93	EDMONTON
	2	GWYNNE FEDORUK	1969	68.34	26-Apr-80	GRANDE PRAIRIE
	3	JANICE ZAWASKI	1982	69.88	05-Mar-93	EDMONTON
	4	ARYONNAH KNEE	2009	70.24	29-Feb-20	EDMONTON
	5	CHELSEA SHURGOT	1980	70.64	18-Dec-91	EDMONTON
	6	SHAY OSTAPOWICH	1976	70.81	07-Mar-87	EDMONTON
	7	MAELLE DREBERT	2011	71.70	05-Feb-22	EDMONTON
	8	CALLIE LAWRENCE	1982	71.84	14-Feb-93	EDMONTON
	9	SHERRY POMERLEAU	1986	72.17	06-Dec-97	EDMONTON
	10	HEATHER SHURGOT	1983	72.86	05-Mar-94	EDMONTON
	11	MICHELLE MAKOWSKY	1981	73.24	15-Jan-92	EDMONTON
	12	MARIE CHALIFOUX	1984	73.28	02-Dec-95	EDMONTON
	13	LEE EVANS	1976	73.73	07-Mar-87	EDMONTON
	14	AMANDA GUENTHER	1983	73.74	14-Feb-93	EDMONTON
	15	LIBBY DUNN	2006	73.77	08-Jan-17	CALGARY
	16	NICOLE MARVIN	1981	74.34	06-Mar-92	EDMONTON
	17	ELIZABETH THOMPSON	1974	75.21	23-Mar-85	EDMONTON
	18	SHANNON HARTRICK	1977	75.98	16-Jan-88	EDMONTON
	19	JEANNINE BROD	1981	76.07	15-Jan-92	CALGARY
	20	HEATHER WEGNER	1972	76.11	13-Feb-83	EDMONTON
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
500M	1	JANICE ZAWASKI	1982	1:31.67	01-May-93	SASKATOON
	2	HEATHER SHURGOT	1983	1:34.18	29-Apr-94	SASKATOON
	3	CHRISTINE ZAWASKI	1980	1:34.64	26-Apr-91	SASKATOON
	4	NICOLE MARVIN	1981	1:36.94	10-Apr-92	SASKATOON
	5	JENNIFER ANDERSON	1982	1:43.53	01-May-93	SASKATOON
	6	KAYLA NEUFELD	1983	1:49.64	01-May-93	SASKATOON

	7	VANESSA BOUDREAU	1983	1:51.26	29-Apr-94	SASKATOON
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
600M	1	JANICE ZAWASKI	1982	1:49.87	04-Dec-93	CALGARY
	2	GWYNNE FEDORUK	1969	1:52.30	20-Dec-80	EDMONTON
	3	MELANIE HALWA	1982	1:52.54	04-Dec-93	CALGARY
	4	LIBBY DUNN	2006	1:52.73	05-Mar-17	EDMONTON
	5	MAELLE DREBERT	2011	1:53.43	28-Nov-21	EDMONTON
	6	ARYONNAH KNEE	2009	1:53.88	15-Feb-20	EDMONTON
	7	MARY MACLEAN	2008	1:56.02	16-Nov-19	EDMONTON
	8	AVA SONNENBERG	2008	1:57.21	16-Nov-19	EDMONTON
	9	ABIOLA OMOYAYI	2009	1:57.26	15-Feb-20	EDMONTON
	10	ELLA ROSS	2005	1:57.35	20-Nov-16	EDMONTON
	11	JAYME BIALIK	2006	1:58.46	17-Feb-18	EDMONTON
	12	NATASHA SMALLWOOD	1996	1:58.47	28-Apr-07	CALGARY
	13	KENNA BOLE	2004	1:58.64	21-Nov-15	EDMONTON
	14	CLAIR KELLER	2010	1:59.98	28-Nov-21	EDMONTON
	15	MERCEDES FOWLER	2001	2:00.36	24-Nov-12	EDMONTON
	16	GABRIELLE SHEPTAK	2003	2:00.64	30-Nov-13	EDMONTON
	17	JOSIE PLITT	2005	2:00.91	07-Mar-15	EDMONTON
	18	JULIANA CHIPIUK	2005	2:01.26	07-Feb-16	EDMONTON
	19	CALLIE LAWRENCE	1982	2:01.80	23-Jan-93	EDMONTON
	20	PAM FISS	1974	2:01.82	27-Dec-85	SASKATOON
800M	1	LIBBY DUNN	2006	2:30:42	10-Dec-17	CALGARY
	2	JANICE ZAWASKI	1982	2:32.96	11-Dec-93	EDMONTON
	3	MARY MACLEAN	2008	2:39:57	16-Mar-19	EDMONTON
	4	NICOLE MARVIN	1981	2:40.52	12-Dec-92	EDMONTON
	5	AVA SONNENBERG	2008	2:40.70	16-Mar-19	EDMONTON
	6	GABRIELLE SHEPTAK	2003	2:41.14	15-Mar-14	EDMONTON
	7	KENNA BOLE	2004	2:41.46	06-Dec-15	CALGARY
	8	GWYNNE FEDORUK	1969	2:42.74	26-Apr-80	GRANDE PRAIRIE
	9	CHRISTINE ZAWASKI	1980	2:42.84	18-Dec-91	EDMONTON
	10	SHAY OSTAPOWICH	1976	2:43.01	11-Dec-87	EDMONTON

	11	ABIOLA OMOYAYI	2009	2:43.85	19-Feb-20	EDMONTON
	12	MELANIE HALWA	1982	2:44.13	05-Mar-93	EDMONTON
	13	SHERRY POMERLEAU	1986	2:44.31	01-Mar-97	EDMONTON
	14	ARYONNAH KNEE	2009	2:44.44	19-Feb-20	EDMONTON
	15	NATASHA SMALLWOOD	1996	2:45.00	01-Dec-07	EDMONTON
	16	ISABELLA SEILER	2006	2:45.06	10-Dec-17	CALGARY
	17	CALLIE LAWRENCE	1982	2:46.04	14-Feb-93	EDMONTON
	18	RILEY LAFORGE	1994	2:46.43	26-Nov-05	EDMONTON
	19	JULIANA CHIPIUK	2005	2:46.49	12-Mar-16	EDMONTON
	20	MEADOW DREBERT	2006	2:46.93	10-Dec-17	CALGARY
1000M	1	CHRISTINE ZAWASKI	1980	3:34.54	26-Apr-91	SASKATOON
	2	LIBBY DUNN	2006	3:35:02	29-Jan-17	CALGARY
	3	NICOLE MARVIN	1981	3:35.50	18-Jan-92	EDMONTON
	4	SHERRY POMERLEAU	1986	3:38.92	13-Dec-97	CALGARY
	5	MARY MACLEAN	2008	3:38.93	12-Jan-19	SASKATOON
	6	CALLIE LAWRENCE	1982	3:38.98	01-May-93	SASKATOON
	7	ABIOLA OMOYAYI	2009	3:39:27	12-Jan-19	SASKATOON
	8	ZARA ROCKWELL	1971	3:40.54	27-Nov-82	EDMONTON
	9	JANICE ZAWASKI	1982	3:42.30	16-Jan-93	CALGARY
	10	TARYN FOLEY	1984	3:44.18	09-Dec-95	CALGARY
	11	HEATHER SHURGOT	1983	3:44.34	03-Dec-94	CALGARY
	12	HALEY KEIRSTEAD	1999	3:44.74	09-Jan-10	CALGARY
	13	IZABELLA SEILER	2006	3:45.47	29-Jan-17	CALGARY
	14	JEANNINE BROD	1981	3:45.67	18-Jan-92	EDMONTON
	15	MARIE CHALIFOUX	1984	3:46.18	09-Dec-95	CALGARY
	16	AMANDA GUENTHER	1983	3:46.48	05-Feb-94	CALGARY
	17	ARYONNAH KNEE	2009	3:46.92	11-Jan-20	SASKATOON
	18	KENNA BOLE	2004	3:50.71	19-Jan-15	CALGARY
	19	MICHELLE MAKOWSKY	1981	3:51.20	26-Jan-92	CALGARY
	20	NATASHA SMALLWOOD	1996	3:51.65	13-Jan-07	CALGARY
1200M	1	HALEY KEIRSTEAD	1999	4:29.63	23-Jan-10	CALGARY
	2	MARLEA DREBERT	2014	5:10.46	07-Jan-24	CALGARY
	3	LEXI DREBERT	2016	5:14.69	08-Jan-23	CALGARY
1500M	1	NICOLE MARVIN	1981	5:16.88	12-Dec-92	EDMONTON
	2	JANICE ZAWASKI	1982	5:28.08	11-Dec-93	EDMONTON
	3	CHRISTINE ZAWASKI	1980	5:30.04	11-Dec-91	EDMONTON
	4	SHERRY POMERLEAU	1986	5:51.24	06-Dec-97	EDMONTON
	5	ANGELA AUSTIN	1978	6:04.16	03-Mar-89	EDMONTON
	6	NATASHA SMALLWOOD	1996	6:05.52	17-Mar-07	CALGARY
	7	STEPHANIE AITKEN	1987	6:14.86	07-Feb-98	CALGARY

	8	ELISE EVANS	1988	6:30.42	23-Jan-99	EDMONTON
	9	KIM LOGAN	1969	6:33.50	28-Dec-80	SASKATOON
	10	CHARLOTTE BALDING	1988	7:05.72	06-Dec-97	EDMONTON
60M	1	ARYONNAH KNEE	2009	11.03	09-Feb-20	EDMONTON
HURDLES	2	JAYME BIALIK	2006	11.50	13-Jan-18	SASKATOON
	3	LANIYAH BRUCE	2012	12.29	12-Feb-23	EDMONTON
	4	VLADA URVANOVA	2012	12.58	12-Feb-23	EDMONTON
	5	ANDREA JACOB	2008	12.78	12-Jan-19	SASKATOON
	6	MARLEA DREBERT	2014	12.86	21-Jan-24	EDMONTON
HIGH JUMP	1	MICHELLE MAKOWSKY	1981	1.36	12-Dec-92	EDMONTON
	2	HEATHER SHURGOT	1983	1.31	06-Mar-94	EDMONTON
	3	MAEGAN PATTISON	1990	1.30	02-Dec-01	EDMONTON
	4	SHAY OSTAPOWICH	1976	1.25	07-Mar-87	EDMONTON
	5	MELANIE HALWA	1982	1.25	05-Mar-93	EDMONTON
	6	SANDRA PAHAL	1973	1.25	02-Dec-84	EDMONTON
	7	ELISE EVANS	1988	1.20	27-Nov-99	EDMONTON
	8	JENNA LUNDE	1985	1.20	03-Mar-96	EDMONTON
	9	AMANDA GUENTHER	1983	1.20	05-Mar-93	EDMONTON
	10	LYNN YAKOWESHEN	1974	1.20	23-Mar-85	EDMONTON
	11	ALLISON RACE	1968	1.18	03-Mar-79	EDMONTON
	12	TARYN FOLEY	1984	1.17	02-Dec-95	EDMONTON
	13	SHAUNA LOGAN	1974	1.15	23-Mar-85	EDMONTON
	14	LEONA MUGFORD	1974	1.15	23-Mar-85	EDMONTON
	15	GWYNNE FEDORUK	1969	1.15	03-Mar-79	EDMONTON
	16	KENNA BOLE	2004	1.15	21-Nov-15	EDMONTON

	17	LIBBY DUNN	2006	1.15	05-Mar-17	EDMONTON
	18	HEATHER WEGNER	1972	1.12	13-Feb-83	EDMONTON
	19	ARIELLE BOCK	1994	1.12	17-Jan-04	EDMONTON
	20	JAYME BIALIK	2007	1.10	05-Mar-17	EDMONTON
LONG JUMF	1	MELANIE HALWA	1982	4.57	11-Dec-93	EDMONTON
	2	ELLA STEEL-DOUGLAS	2007	4.53	17-Mar-18	EDMONTON
	3	GWYNNE FEDORUK	1969	4.45	20-Dec-80	EDMONTON
	4	HEATHER SHURGOT	1983	4.30	10-Dec-94	EDMONTON
	5	SANDRA PAHAL	1973	4.29	02-Dec-84	EDMONTON
	6	MICHELLE MAKOWSKY	1981	4.25	12-Dec-92	EDMONTON
	7	AMANDA GUENTHER	1983	4.16	11-Dec-93	EDMONTON
	8	ANGIE LACHMAN	1979	4.02	08-Dec-90	EDMONTON
	9	ARIELLE BOCK	1994	3.95	26-Nov-05	EDMONTON
	10	ARYONNAH KNEE	2009	3.90	15-Feb-20	EDMONTON
	11	MAEGAN PATTISON	1990	3.88	02-Dec-01	EDMONTON
	12	JENNA LUNDE	1985	3.85	21-Jan-95	EDMONTON
	13	MERCEDES FOWLER	2001	3.83	24-Nov-12	EDMONTON
	14	LEE EVANS	1976	3.81	14-Feb-87	EDMONTON
	15	SHERRY POMERLEAU	1986	3.75	01-Dec-96	EDMONTON
	16	HEATHER WEGNER	1972	3.66	27-Nov-82	EDMONTON
	17	ABIOLA OMOYAYI	2009	3.64	15-Feb-20	EDMONTON
	18	GABRIELLE SHEPTAK	2003	3.63	30-Nov-13	EDMONTON
	19	NATASHA SMALLWOOD	1996	3.61	10-Feb-07	EDMONTON
	20	LYNNYAKOWESHEN	1974	3.58	23-Mar-85	EDMONTON
	20	KENNA BOLE	2004	3.58	21-Nov-15	EDMONTON
	20	ELLA ROSS	2005	3.58	20-Nov-16	EDMONTON
SHOT	1	SANDRA PAHAL	1973	7.97	02-Dec-84	EDMONTON
6LB	2	JILL METZ	1977	7.59	17-Dec-88	EDMONTON
	3	MICHELLE MAKOWSKY	1981	7.04	12-Dec-92	EDMONTON
	4	MELANIE HALWA	1982	6.80	05-Mar-93	EDMONTON
	5	JENNIFER POMERLEAU	1983	6.79	10-Dec-94	EDMONTON
	6	HEATHER SHURGOT	1983	6.63	10-Dec-94	EDMONTON
	7	CARA PATTERSON	1992	6.27	29-Nov-03	EDMONTON
	8	ARIELLE BOCK	1994	6.09	06-Mar-04	EDMONTON
	9	ELIZABETH THOMPSON	1974	6.03	23-Mar-85	EDMONTON
	10	LEE EVANS	1976	6.03	11-Dec-87	EDMONTON
	11	LYNN YAKOWESHEN	1974	6.02	02-Dec-84	EDMONTON
	12	ELISE EVANS	1988	5.81	17-Jan-99	EDMONTON
	13	MAEGAN PATTISON	1990	5.79	02-Dec-01	EDMONTON
	14	HEATHER KRUEGER	1978	5.79	09-Dec-89	EDMONTON
	15	SHERRY POMERLEAU	1986	5.78	11-Jan-97	SASKATOON
	16	BRETT FOLEY	1982	5.59	11-Dec-93	EDMONTON
	17	AMANDA GUENTHER	1983	5.53	10-Dec-94	EDMONTON
	18	LEONA MUGFORD	1974	5.47	23-Mar-85	EDMONTON
	19	TARYN FOLEY	1984	5.28	29-Apr-95	SASKATOON

	20	VANESSA BOUDREAU	1983	5.26	05-Mar-94	EDMONTON
SHOT	1	ARIELLE BOCK	1994	7.95	26-Nov-05	EDMONTON
2K	2	ELLA ROSS	2005	7.58	20-Nov-16	EDMONTON
	3	MAELLE DREBERT	2011	7.30	05-Mar-22	EDMONTON
	4	NOELLE CAKMAK	1997	6.81	29-Nov-08	EDMONTON
	5	EMILIJA HIRSSONE	2010	6.71	15-Feb-20	EDMONTON
	6	LIBBY DUNN	2006	6.70	04-Mar-17	EDMONTON
	7	NATASHA SMALLWOOD	1996	6.50	03-Mar-07	EDMONTON
	8	SAMANTHA BENDORITIS	1996	6.42	03-Mar-07	EDMONTON
	9	ANDREA JACOB	2008	6.32	17-Feb-19	EDMONTON
	10	VLADA URVANOVA	2012	6.15	03-Dec-23	EDMONTON
	11	DEVIN FLINT	1996	6.12	01-Dec-07	EDMONTON
	12	MARY MACLEAN	2008	6.08	10-Mar-19	EDMONTON
	13	CHRISTINE SAMARD	1996	6.00	01-Dec-07	EDMONTON
	14	MACY MCCUBBING	2004	5.94	21-Nov-15	EDMONTON
	15	ELLA STEEL-DOUGLAS	2007	5.92	04-Mar-18	EDMONTON
	16	ARYONNAH KNEE	2009	5.91	15-Feb-20	EDMONTON
	17	RILEY LAFORGE	1994	5.89	26-Nov-05	EDMONTON
	18	MARLEA DREBERT	2014	5.84	06-Jan-24	EDMONTON
	19	ISABELLA SHEPTAK	2002	5.72	03-Mar-13	EDMONTON
	20	ABIOLA OMOYAYI	2009	5.70	15-Feb-20	EDMONTON
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