

<b>Outdoor U18 Girls</b>						
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	JANICE ZAWASKI	1982	12.48	28-Jun-98	KELOWNA
100M	2	TATYJANIA KHOUNVISET	1998	12.52	06-Jun-15	LETHBRIDGE
	3	ASHLEY PATTERSON	1987	12.79	30-Jun-03	KELOWNA
	4	BREANNE CARTER	1988	12.83	18-Jun-05	CALGARY
	5	KELSEY RICHARD	1992	13.11	05-Jun-09	CALGARY
	6	CARLE EVANS	1984	13.22	30-Jun-01	KELOWNA
	7	CHRISTI FERGUSON	1970	13.25	06-Aug-87	SHERWOOD PARK
	7	MADISON STEPHAN	1997	13.25	07-Jun-14	CALGARY
	9	REBECCA PRICE	1993	13.45	27-Jun-09	KELOWNA
	10	BRIANNA CATHCART	2008	13.52	25-May-24	ST. ALBERT
	11	ERIKA OSWALD	1990	13.53	30-Jun-07	KELOWNA
	12	LISA SHANTZ	1964	13.64	10-May-80	OKOTOKS
	13	JENNY ZAWASKI	1977	13.72	01-Jul-94	KELOWNA
	14	SARAH FALK	1980	13.73	29-Jun-96	KELOWNA
	15	MELANIE HALWA	1982	13.79	15-Jul-98	CALGARY
	16	KEIKO KOIZUMI	2003	13.83	21-Jul-19	SHERWOOD PARK
	17	VANESSA BARR	1993	13.86	09-May-09	ST. ALBERT
	18	BRITTANY THOMAS	1988	13.87	25-Jun-04	CALGARY
	19	COLLETTE GOUDREAU	1973	13.89	16-Jun-90	RED DEER
	20	LAUREN DELLEZAY	2005	13.91	25-Jun-22	LEDUC
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	JANICE ZAWASKI	1982	24.90	20-Jun-98	CALGARY
200M	2	TATYJANIA KHOUNVISET	1998	25.32	26-Jul-14	AIRDRIE
	3	ASHLEY PATTERSON	1987	25.75	04-Jun-04	CALGARY
	4	BREANNE CARTER	1988	26.33	19-Jun-04	CALGARY
	5	BARB DROLET	1972	26.50	10-Jun-89	CALGARY
	6	CARLE EVANS	1984	26.53	02-Jun-01	EDMONTON
	7	NATASHA SMALLWOOD	1996	26.84	01-Jun-12	EDMONTON
	8	KELSEY RICHARD	1992	26.89	05-Jun-09	CALGARY
	9	AMANDA LALONDE	1989	27.01	16-May-06	EDMONTON
	10	ERIKA OSWALD	1990	27.07	28-Jul-06	RED DEER
	11	REBECCA PRICE	1993	27.12	27-Jun-09	KELOWNA
	12	MADISON STEPHAN	1997	27.12	06-Jun-14	CALGARY
	13	NICOLLE HARYSH	1995	27.23	03-Jul-11	KELOWNA
	14	RAELEEN HUNTER	1987	27.30	25-May-03	ST. ALBERT
	15	DEANNA MONSON	1971	27.47	01-Jul-88	CALGARY
	16	CHELSEY LINK	1979	27.55	27-May-95	ST. ALBERT
	17	JENNY ZAWASKI	1977	27.68	17-Jul-94	CALGARY
	18	CHANTELL WIDNEY	1979	27.87	07-Jun-96	EDMONTON

	19	BRIANNA CATHCART	2008	28.01	14-Jun-24	CALGARY
	20	LAUREN DELLEZAY	2005	28.34	12-Jun-22	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	JANICE ZAWASKI	1982	55.47	25-Jul-98	CALGARY
400M	2	TATYJANIA KHOUNVISET	1998	56.33	04-Jul-14	STE. THERESE
	3	TANYA WRIGHT	1981	56.35	18-Aug-97	BRANDON
	4	ASHLEY PATTERSON	1987	56.86	24-Jul-04	SASKATOON
	5	MARY MACLEAN	2008	56.92	14-Jul-24	SHERWOOD PARK
	6	GINELLE DEMONE	1998	57.56	30-May-15	ST. ALBERT
	7	RAELEEN HUNTER	1987	58.53	25-Jun-04	CALGARY
	8	VICKY LYNCH	1970	58.59	27-Jun-87	EDMONTON
	8	JENNIFER KEMP	1983	58.59	29-Jul-00	EDMONTON
	10	BRYNN HEBERT	2002	58.73	01-Jul-18	KELOWNA
	11	NATASHA SMALLWOOD	1996	58.74	27-Jul-12	LETHBRIDGE
	12	MEADOW DREBERT	2006	59.12	13-May-23	CALGARY
	13	CARLE EVANS	1984	59.32	13-Jul-01	CALGARY
	14	BARB DROLET	1972	60.11	10-Jun-89	CALGARY
	15	AMANDA LALONDE	1989	60.37	15-Jul-06	CALGARY
	16	JENNY ZAWASKI	1977	60.42	01-Jul-94	KELOWNA
	17	LIBBY DUNN	2006	60.90	11-Aug-23	SHERBROOKE
	18	NICOLLE HARYSH	1995	61.11	12-Jun-11	CALGARY
	19	CARA GIBSON	1977	61.59	04-Jul-93	KELOWNA
	20	DEBBIE FOSTER	1978	61.73	17-Jul-94	CALGARY
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	TANYA WRIGHT	1981	2:07.39	12-Jul-97	ABBOTSFORD
800M	2	GINELLE DEMONE	1998	2:07.94	09-Aug-15	STE. THERESE
	3	JENNY KEMP	1983	2:08.18	26-Jun-99	KELOWNA
	4	MARY MACLEAN	2008	2:08.84	15-Jun-24	EUGENE
	5	VICKY LYNCH	1970	2:09.42	18-Jul-87	PULLMAN
	6	MEADOW DREBERT	2006	2:11.74	03-Jun-23	EDMONTON
	7	BRYNN HEBERT	2002	2:13.88	23-Jun-18	EDMONTON
	8	NATASHA SMALLWOOD	1996	2:15.78	14-Jul-12	MEDICINE HAT
	9	JOELLE STENGER	1988	2:16.01	08-Jul-05	MONTREAL
	10	RAELEEN HUNTER	1987	2:16.42	05-Jul-04	CALGARY
	11	CHRISTINE ZAWASKI	1980	2:16.77	29-Jun-96	KELOWNA
	12	TATYJANIA KHOUNVISET	1998	2:17.38	16-Aug-14	LANGLEY
	13	LIBBY DUNN	2006	2:17.98	28-May-23	ST. ALBERT
	14	JENNY VAN KEMPEN	1982	2:18.48	15-Jul-98	CALGARY
	15	ALYCIA SWANSON	1998	2:20.94	21-May-14	EDMONTON
	16	BARB DROLET	1972	2:21.12	03-Jul-88	CALGARY

	17	ADRIA SNOWDON	1986	2:22.36	15-Jun-02	CALGARY
	18	MADDY OXTON	1997	2:22.52	20-Jul-13	SHERWOOD PARK
	19	HALEY KEIRSTEAD	1999	2:22.93	06-Jun-15	LETHBRIDGE
	20	DEANNA MONSON	1971	2:23.29	01-Aug-87	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	MARY MACLEAN	2008	4:29.84	21-Jul-24	WINNIPEG
1500M	2	JENNY KEMP	1983	4:34.08	26-Jun-99	KELOWNA
	3	TANYA WRIGHT	1981	4:34.68	30-Jun-98	KELOWNA
	4	GINELLE DEMONE	1998	4:35.30	15-Aug-14	LANGLEY
	5	MEGHAN METCALFE	1982	4:36.79	12-Aug-99	SUDBURY
	6	CHRISTINE ZAWASKI	1980	4:41.49	29-Jun-96	KELOWNA
	7	JOELLE STENGER	1988	4:43.20	8Aug-04	SUDBURY
	8	MEADOW DREBERT	2006	4:46:39	16-Jun-23	CALGARY
	9	JENNY VAN KEMPEN	1982	4:48.60	12-Aug-99	SUDBURY
	10	VICKY LYNCH	1970	4:48.68	09-Aug-86	SUDBURY
	11	BRYNN HEBERT	2002	4:49:02	20-Jul-18	GRANDE PRAIRIE
	12	ALYCIA SWANSON	1998	4:53.83	21-May-14	EDMONTON
	13	STEPHANIE AITKEN	1977	4:56.43	30-Jun-03	KELOWNA
	14	TANYA ANDERSON	1971	4:58.73	11-Jul-87	EDMONTON
	15	MADDY OXTON	1997	4:59.29	20-Jul-13	SHERWOOD PARK
	16	LIBBY DUNN	2006	5:01:50	27-May-22	ST. ALBERT
	17	MEGAN HODGE	1983	5:09.65	30-Jun-00	KELOWNA
	18	TARA LABRANCHE	1985	5:10.91	09-Jun-01	EDMONTON
	19	KAILAN PAUL	1988	5:13.30	25-Jun-04	CALGARY
	20	NATASHA SMALLWOOD	1996	5:13.90	02-Jun-12	ST. ALBERT
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	MEGHAN METCALFE	1982	09:45.92	02-Jul-99	VANCOUVER
3000M	2	CHRISTINE ZAWASKI	1980	10:09.71	09-Aug-97	MOUNT PEARL
	3	JOELLE STENGER	1988	10:36.49	02-Jul-04	KELOWNA
	4	STEPHANIE AITKEN	1987	10:38.40	30-Jun-03	KELOWNA
	5	MEGGAN HODGE	1983	11:05.70	30-Jul-00	EDMONTON
	6	JENNIFER KEMP	1983	11:05.80	30-Jun-00	KELOWNA
	7	ALYCIA SWANSON	1998	11:13.50	15-Jun-14	CALGARY
	8	GINELLE DEMONE	1998	11:24.39	31-May-14	ST. ALBERT
	9	TARA LABRANCHE	1985	11:30.55	30-Jun-01	KELOWNA
	10	KYLA CUNNINGHAM	1977	11:46.08	04-Jul-93	KELOWNA
	11	RILEY LAFORGE	1994	12:13.13	03-Jul-10	KELOWNA
	12	GEORGIANNA JEFFERYS	1989	12:15.18	01-Jul-05	KELOWNA
	13	BRETT FOLEY	1982	12:17.19	30-Jun-98	KELOWNA
	14	CHANTELL WIDNEY	1979	12:17.37	29-Jun-96	KELOWNA
	15	MELANIE FYFE	1982	12:24.35	30-Jun-98	KELOWNA

	16	SIERRA HALWA	1997	12:26.14	21-May-14	EDMONTON
	17	CHRISTINE SIMARD	1996	12:45.17	23-May-12	EDMONTON
	18	CHARLOTTE SINCLAIR	1988	12:52.86	11-Jun-05	LETHBRIDGE
	19	CARLEEN HARVEY	1978	12:56.88	02-Jul-95	KELOWNA
	20	ANGIE MACDONALD	1983	14:51.92	30-Jun-00	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	DEANNA MONSON	1971	1.67	13-Aug-87	REGINA
HIGH JUMP	2	KELSEY RICHARD	1992	1.64	09-Aug-08	MEDICINE HAT
	3	TERRI ANN SANDERS	1977	1.60	15-Aug-93	SASKATOON
	4	LINDSEY BERGEVIN	1989	1.60	15-Jul-06	CALGARY
	5	LAUREN DELLEZAY	2005	1.56	09-Jul-22	CALGARY
	6	SARINA PEEK	1998	1.50	26-Jul-14	AIRDRIE
	7	JODY ARBUCKLE	1976	1.45	31-Jul-92	CALGARY
	8	NATASHA SMALLWOOD	1996	1.40	27-Jul-12	LETHBRIDGE
	9	CINDY GLOECKER	1977	1.36	28-May-94	ST. ALBERT
	10	ARIELLE BOCK	1994	1.36	20-Jul-10	PEACE RIVER
	11	DARA LEE GEAKE	1970	1.35	06-Aug-87	SHERWOOD PARK
	12	GLADYS HICKEY	1962	1.35	20-May-78	PEACE RIVER
	13	JENNY ZAWASKI	1977	1.30	17-May-94	RED DEER
	14	DEB BORG	1962	1.30	20-May-78	PEACE RIVER
	15	CHANTELL WIDNEY	1979	1.30	20-May-95	CALGARY
	16					
	17					
	18					
	19					
	20					
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	TERRY ANN SANDERS	1977	5.21	28-May-94	ST. ALBERT
LONG JUMP	2	JENNY WILLOWS	1970	5.09	12-Jul-86	CALGARY
	3	BREANNE CARTER	1988	4.93	25-Jul-04	HIGH RIVER
	4	DEANNA MONSON	1971	4.89	25-Jun-88	SUDBURY
	5	LINDSEY BERGEVIN	1989	4.82	08-Jul-06	EDMONTON
	6	MELANIE HALWA	1982	4.78	25-Jul-98	CALGARY
	7	CARA GIBSON	1977	4.68	28-May-94	ST. ALBERT
	8	VANESSA HALWA	1979	4.62	03-Jul-95	KELOWNA
	9	VANESSA BARR	1993	4.60	09-May-09	ST. ALBERT
	10	RAELEEN HUNTER	1987	4.58	05-Jul-04	CALGARY
	11	JODY ARBUCKLE	1976	4.49	18-Jul-92	CALGARY
	12	REBECCA PRICE	1993	4.49	27-Jun-09	KELOWNA

	13	DARA LEE GEAKE	1970	4.45	06-Aug-87	SHERWOOD PARK
	14	LISA SHANTZ	1964	4.44	10-May-80	OKOTOKS
	15	JENNI MINCHAU	1978	4.41	28-May-94	ST. ALBERT
	16	CHANTELL WIDNEY	1979	4.40	29-Jun-96	KELOWNA
	17	CINDY GLOECKER	1977	4.40	28-May-94	ST. ALBERT
	18	JENNY ZAWASKI	1977	4.35	01-Jul-94	KELOWNA
	19	KEIKO KOIZUMI	2003	4.28	21-Jul-19	SHERWOOD PARK
	20	BRIANNA CATHCART	2008	4.25	14-Jul-24	SHERWOOD PARK
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	ASHLEY PATTERSON	1987	11.79	04-Jun-04	CALGARY
TRIPLE JUMP	2	LINDSEY BERGEVIN	1989	10.67	18-Jul-06	CALGARY
	3	VANESSA HALWA	1979	10.29	15-Jul-95	CALGARY
	4	JENNY ZAWASKI	1977	10.15	17-Jul-93	CALGARY
	5	CHEYENNE GOH	1999	10.03	21-Jun-15	CALGARY
	6	MELANIE HALWA	1982	9.82	28-Jun-98	KELOWNA
	7	TERRI ANN SANDERS	1977	9.71	01-Jul-94	KELOWNA
	8	SHAY OSTAPOWICH	1976	9.64	26-Jun-92	KELOWNA
	9	DARA LEE GEAKE	1970	9.59	06-Aug-87	SHERWOOD PARK
	10	JODY ARBUCKLE	1976	9.46	31-Jul-92	CALGARY
	11	JENNY MINCHAU	1978	9.27	03-Jul-95	KELOWNA
	12	CARA GIBSON	1977	9.26	26-Jun-93	RED DEER
	13	CHELSEA SHURGOT	1980	8.94	29-Jun-96	KELOWNA
	14	BREANNE CARTER	1988	8.92	05-Jul-04	CALGARY
	15	CHANTELL WIDNEY	1979	8.72	27-May-95	ST. ALBERT
	16	TAMARA WRIGHT	1984	8.67	30-Jun-00	KELOWNA
	17	CHRISTINE SIMARD	1996	8.62	23-May-12	EDMONTON
	18	CASSANDRA CARTER	1982	8.57	09-May-98	LETHBRIDGE
	19	HEATHER SIBBALD	1986	8.48	30-Jun-00	KELOWNA
	20	ANGIE MACDONALD	1983	8.22	26-Jun-99	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	MEGAN HEBERT	2001	11.43	28-Jul-18	SHERWOOD PARK
SHOT 4K	2	DEANNA MONSON	1971	10.00	25-Jun-88	SUDBURY
	3	RENE DESNOYERS	1973	9.67	29-Jul-90	KELOWNA
	4	LEONA GILLIS	1971	9.66	06-Aug-88	SHERWOOD PARK
	5	DEBBIE STEVENS	1969	9.61	29-Jun-85	CALGARY
	6	COLLETTE GOUDREAU	1973	9.35	16-Jun-90	RED DEER
	7	MELANIE HALWA	1982	8.32	28-Jun-98	KELOWNA
	8	ERIKA OSWALD	1990	8.18	30-Jun-07	KELOWNA
	9	DAWN SIEB	1962	7.79	20-May-78	PEACE RIVER
	10	BRETT FOLEY	1982	7.54	09-May-98	LETHBRIDGE



	9	DENISE FILLENBERG	1964	24.94	10-May-80	OKOTOKS
	10	JENNIFER ZAWASKI	1977	24.30	04-Jul-93	KELOWNA
	11	CHRISTINE VERCHOMIN	1966	24.18	15-May-82	OKOTOKS
	12	KENNA BOLE	2004	23.43	12-Sep-20	LEDUC
	13	WENDY ZOUBELES	1962	23.15	20-May-78	PEACE RIVER
	14	ARIELLE BOCK	1994	22.57	20-Jul-10	PEACE RIVER
	15	LISE DOLEN	1963	22.50	21-Jul-79	CALGARY
	16	DAWN SIEB	1962	21.07	20-May-78	PEACE RIVER
	17	TANYA WRIGHT	1981	20.92	28-Jun-98	KELOWNA
	18	ERIKA OSWALD	1990	20.80	01-Jul-06	KELOWNA
	19	KATIE SAMOIL	1986	19.58	25-May-03	ST.ALBERT
	20	BRETT FOLEY	1982	18.70	28-Jun-98	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	CARA GIBSON	1977	15.57	18-Jul-93	CALGARY
100M HURDLES	2	BREANNE CARTER	1988	16.07	04-Jul-05	CALGARY
	3	TERRY ANN SANDERS	1977	16.26	01-Jul-94	KELOWNA
	4	DEANNA MONSON	1971	16.60	25-Jun-88	SUDBURY
	5	REBECCA PRICE	1993	17.08	27-Jun-09	KELOWNA
	6	CHEYENNE GOH	1999	17.41	21-Jun-15	CALGARY
	7	LAUREN DELLEZAY	2005	17.42	07-Aug-22	SHERBROOKE
	8	JORDAN TAYLOR	1995	17.84	12-Jun-11	CALGARY
	9	MYKA ROSS	2002	18.03	29-Jun-18	KELOWNA
	10	KAREN HORLICK	1982	18.04	30-Jun-98	KELOWNA
	11	ERIKA OSWALD	1990	18.12	30-Jun-07	KELOWNA
	12	ARIELLE BOCK	1994	18.56	20-Jul-10	PEACE RIVER
	13	SHAY OSTAPOWICH	1976	18.85	04-Jul-93	KELOWNA
	14	HEATHER SIBBALD	1986	18.86	30-Jun-02	KELOWNA
	15	KENDRA PATRICK	1987	18.89	15-Jun-02	CALGARY
	16	SARINA PEEK	1998	21.94	29-Jun-14	KELOWNA
	17					
	18					
	19					
	20					
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	RAELEEN HUNTER	1987	62.44	07-Aug-04	SUDBURY
400M HURDLES	2	LIBBY DUNN	2006	65.28	25-Jun-23	EDMONTON
	3	CARA GIBSON	1977	66.53	04-Jul-93	KELOWNA
	4	ERIKA OSWALD	1990	69.59	23-Jun-07	EDMONTON
	5	JENNY VAN KEMPEN	1982	72.31	15-Jul-98	CALGARY
	6	KIM LOGAN	1969	72.62	29-Jun-85	CALGARY
	7	SHAY OSTAPOWICH	1976	72.84	26-Jun-92	KELOWNA
	8	CHEYENNE GOH	1999	73.19	21-Jun-15	CALGARY

	9	MYKA ROSS	2002	73.89	30-Jun-18	KELOWNA
	10	KALYSTEN KROONEN	2001	86.69	01-Jul-17	KELOWNA
FEMALE	1	LIBBY DUNN	2006	47.36	05-Jun-22	MEDICINE HAT
UNDER 18	2	JORDAN TAYLOR	1995	52.90	24-Jul-11	SHERWOOD PARK
300M HURDLES	3	MYKA ROSS	2002	54.22	03-Jun-18	RED DEER
FEMALE	1	BRYNN HEBERT	2002	7:09.85	13-Aug-18	BRANDON
UNDER 18	2	MADDY OXTON	1997	7:27.99	11-Aug-13	LANGLEY
2000M STEEPLE	3	CHRISTINE SIMARD	1996	8:55.05	01-Jul-12	KELOWNA
	4	KALYSTEN KROONEN	2001	9:09:37	29-Jun-18	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	LAUREN DELLEZAY	2005	3578	07-Aug-22	SHERBROOKE
HEPTATHLON	2	ERIKA OSWALD	1990	3049	18-Jul-06	CALGARY
	3	ARIELLE BOCK	1994	2610	20-Jul-10	PEACE RIVER
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	MEGAN HEBERT	2001	26.23	09-Jun-17	LEDUC
HAMMER	2	BRETT FOLEY	1982	19.70	28-Jun-98	KELOWNA
FEMALE		NAME	YEAR	PERF.	DATE	LOCATION
UNDER 18	1	KATIE SAMOIL	1986	7:23.84	09-Aug-03	KITCHENER
1500M RACE WALK	2					
FEMALE	1	BRYNN HEBERT	2002	2.60	29-Jun-19	EDMONTON

UNDER 18	2	LAUREN DELLEZAY	2005	2.50	09-Jun-22	CALGARY
POLE VAULT	3	MEGAN HEBERT	2001	2.45	30-Jun-18	KELOWNA
	4	MADDY OXTON	1997	2.10	30-Jun-13	KELOWNA
FEMALE	1	MEGAN HEBERT	2001	13.61	23-May-18	RED DEER
UNDER 18	2	ERIKA OSWALD	1990	9.88	19-May-07	CALGARY
SHOT 3K	3	LAUREN DELLEZAY	2005	9.33	08-Aug-21	SHERWOOD PARK
						<b>Updated Oct 28 2024</b>