

Indoor U20 Men						
UNDER 20 MEN		NAME	YEAR	PERF	DATE	LOCATION
50M	1	STEWART MARKHAM	1971	6.34	09-Dec-89	EDMONTON
	2	CHRIS BEGG	1971	6.37	14-Jan-89	EDMONTON
60M	1	STEWART MARKHAM	1971	7.38	03-Feb-90	EDMONTON
	2	ANDREAS THOME	2001	7.39	19-Jan-19	EDMONTON
	2	CHRIS BEGG	1971	7.39	06-Jan-89	SASKATOON
	4	WIL LUFUNGULA	2006	7.41	20-Jan-24	EDMONTON
	5	MADDOX PACKARD	2006	7.50	20-Jan-24	EDMONTON
	6	KRIS GANSKE	1972	7.51	04-Jan-90	SASKATOON
	7	NICK ADAMS	1977	7.52	06-Jan-95	SASKATOON
	8	JAYDEN FAUCHER	2000	7.55	18-Feb-19	EDMONTON
	9	JAMIE ROBERTSON	1977	7.58	02-Mar-96	EDMONTON
	10	LEIF ANDERSON	1984	7.73	02-Mar-02	EDMONTON
	11	DARREN DELLEZAY	1977	7.88	06-Jan-95	SASKATOON
	12	DAVID COWAN	1968	7.93	31-Jan-86	SASKATOON
200M	1	MATS SWANSON	2004	21.86	11-Feb-23	FAYETTEVILLE
	2	CHRIS BEGG	1971	23.63	04-Feb-89	EDMONTON
	3	NICK ADAMS	1977	23.74	08-Mar-95	EDMONTON
	4	CONNOR BOLE	2002	23.77	09-Feb-20	EDMONTON
	5	WIL LUFUNGULA	2006	23.82	03-Mar-24	EDMONTON
	6	QUENTIN WOOD	1975	23.89	05-Mar-93	EDMONTON
	7	JAMIE ROBERTSON	1977	24.06	03-Mar-96	EDMONTON
	8	MADDOX PACKARD	2006	24.42	03-Mar-24	EDMONTON
	9	BRENT CARTER	1986	24.56	29-Nov-03	EDMONTON
	10	JOHN PATTISON	1983	25.02	02-Mar-02	EDMONTON
	11	JAYDEN FAUCHER	2000	25.08	11-Feb-18	EDMONTON
	12	DARREN DELLEZAY	1977	25.14	06-Jan-96	CALGARY
	13	RYAN CUSVELLER	1992	25.41	13-Mar-10	EDMONTON
	14	KRIS GANSKE	1972	25.62	03-Feb-90	EDMONTON
	15	AUSTIN GANSON	1995	25.64	03-Mar-13	EDMONTON
	16	LEIF ANDERSON	1984	25.75	12-Jan-02	SASKATOON
300M	1	TYLER SMITH	1994	36.03	07-Jan-12	CALGARY
	2	MICHAEL NISHIYAMA	1989	37.12	14-Jan-07	EDMONTON

	3	QUENTIN WOOD	1975	37.24	13-Mar-93	EDMONTON
	4	JORDEN HANSEN	1996	37.51	04-Jan-14	CALGARY
	5	CONNOR BOLE	2002	37.56	17-Jan-20	EDMONTON
	6	WIL LUFUNGULA	2006	37.56	04-Feb-24	EDMONTON
	7	BRANDEN HANSEN	1993	37.67	13-Feb-11	EDMONTON
	8	CHRIS BEGG	1971	37.87	20-Jan-89	EDMONTON
	9	TIMURLANE CAKMAK	1995	38.28	05-Jan-13	CALGARY
	10	ADAM WARD	1991	38.31	03-Jan-09	CALGARY
	11	NICK ADAMS	1977	38.44	29-Apr-95	SASKATOON
	12	DEREK BURGESS	1975	38.77	05-Feb-94	CALGARY
	13	JAMIE ROBERTSON	1977	38.96	26-Apr-96	SASKATOON
	14	AUSTIN GANSON	1995	39.27	10-Feb-13	EDMONTON
	15	DUSTIN SETTER	1998	39.30	07-Feb-16	EDMONTON
	16	DARREN DELLEZAY	1977	39.86	14-Jan-96	SASKATOON
	17	RHYS DUNN	2001	40.23	12-Jan-19	SASKATOON
	18	RYAN CUSVELLER	1992	41.38	13-Feb-10	EDMONTON
	19	ANDY CONNELLY	1973	41.59	04-Jan-91	SASKATOON
	20	LEIF ANDERSON	1984	41.73	09-Feb-02	EDMONTON
400M	1	MATS SWANSON	2004	47.86	10-Feb-23	FAYETTEVILLE
	2	TYLER SMITH	1994	49.75	10-Mar-12	EDMONTON
	3	MICHAEL NISHIYAMA	1989	51.89	03-Mar-07	EDMONTON
	4	BRANDEN HANSEN	1993	52.09	13-Mar-11	EDMONTON
	5	WIL LUFUNGULA	2006	52.33	17-Feb-24	POCATELLO
	6	ALEX ANDRES	1995	52.95	20-Jan-13	EDMONTON
	7	CHRIS BEGG	1971	53.08	04-Feb-89	EDMONTON
	8	QUENTIN WOOD	1975	53.21	23-Feb-93	POCATELLO
	9	ADAM WARD	1991	53.32	16-Jan-09	EDMONTON
	10	KYLE NISHIYAMA	1985	53.60	08-Mar-03	EDMONTON
	11	TIMURLANE CAKMAK	1995	53.97	20-Jan-13	EDMONTON
	12	JAMIE ROBERTSON	1977	53.99	02-Mar-96	EDMONTON
	13	DUSTIN SETTER	1998	54.30	06-Mar-16	EDMONTON
	14	NICK ADAMS	1977	54.55	04-Feb-95	EDMONTON
	15	DAREK GLOWACKI	1973	55.56	06-Mar-92	EDMONTON
	16	RYAN CUSVELLER	1992	56.49	13-Mar-10	EDMONTON
	17	BRAD SANDY	1976	56.54	18-Feb-94	POCATELLO
	18	ROBERT COULAS	1988	56.58	4-Mar-06	EDMONTON
	19	LANDON HILL	1991	57.70	7-Mar-09	EDMONTON
	20	ANDY CONNELLY	1973	58.14	2-Feb-91	EDMONTON
500M	1	MARK LYNCH	1968	66.35	26-Apr-86	SASKATOON
	2	NOLAN FYFE	1983	67.23	27-Apr-01	SASKATOON
	3	MICHAEL NISHIYAMA	1989	68.78	01-Dec-07	NEW YORK
	4	JORDAN FRIZELL	1981	70.91	30-Apr-99	SASKATOON
	5	JAMIE ROBERTSON	1977	72.05	26-Apr-96	SASKATOON
	6	ARLO OSTAPOWICH	1973	72.68	26-Apr-91	SASKATOON
	7	SHAUN GREGORY	1981	74.13	30-Apr-99	SASKATOON

	13	ADAM WARD	1991	2:01.13	13-Mar-10	EDMONTON
	14	BRANDEN HANSEN	1993	2:01.19	19-Mar-11	EDMONTON
	15	CONNOR BOLE	2002	2:01:26	15-Feb-20	POCATELLO
	16	JAMIE ROBERTSON	1977	2:01.31	17-Feb-95	POCATELLO
	17	RHYS DUNN	2001	2:01:53	15-Feb-20	POCATELLO
	18	ALEX ANDRES	1995	2:01.66	16-Feb-13	POCATELLO
	19	JORDEN HANSEN	1996	2:02.07	15-Mar-14	EDMONTON
	20	DEREK PARKER	2000	2:02:26	17-Mar-18	EDMONTON
1000M	1	TYLER SMITH	1994	2:29.12	12-Feb-12	EDMONTON
	2	MARK LYNCH	1968	2:29.20	26-Apr-86	SASKATOON
	3	NOLAN FYFE	1983	2:33.04	21-Jan-01	EDMONTON
	4	TRAVIS MCKAY	1985	2:35.56	01-Feb-03	CALGARY
	5	DEREK BURGESS	1975	2:36.73	22-Jan-94	EDMONTON
	6	TIMURLANE CAKMAK	1995	2:38.32	10-Feb-13	EDMONTON
	7	ADAM WARD	1991	2:38.77	13-Feb-10	EDMONTON
	8	ALEX ANDRES	1995	2:39.40	10-Feb-13	EDMONTON
	9	WARREN BOHM	1987	2:41.06	05-Feb-05	CALGARY
	10	JAMIE ROBERTSON	1977	2:41.95	20-Jan-95	EDMONTON
	11	KYLE NISHIYAMA	1985	2:42.34	18-Jan-03	EDMONTON
	12	TOM WILLOWS	1968	2:45.08	26-Apr-86	SASKATOON
	13	JORDAN FRIZELL	1981	2:45.60	01-May-99	SASKATOON
	14	HARRY MALHI	2000	2:46.49	03-Mar-18	EDMONTON
	15	ANDRE LOCKER	1985	2:51.94	01-Feb-03	CALGARY
	16	GREG ZAWASKI	1984	2:53.77	09-Feb-02	EDMONTON
	17	EZRA ALEBA	1991	3:00.27	03-Jan-09	CALGARY
	18	CLINTON STEER	1982	3:02.65	11-Dec-99	CALGARY
	19	LEO LANCASTER	1973	3:03.06	04-Jan-91	SASKATOON
	20	DARREN DELLEZAY	1977	3:03.52	03-Mar-96	EDMONTON
1500M	1	KARL ROBERTSON	1991	3:55.37	06-Feb-10	WINNIPEG
	2	MARK LYNCH	1968	4:00.70	22-Feb-86	EDMONTON
	3	TRAVIS MCKAY	1985	4:05.08	18-Jan-03	EDMONTON
	4	SHAN MURUGAN	1979	4:12.00	19-Jan-97	EDMONTON
	5	CLAYTON PARADIS	1969	4:13.99	05-Mar-88	WINNIPEG
	6	MATT MACLELLAN	1999	4:14.94	05-Mar-17	EDMONTON
	7	DONOVAN HACKING	1992	4:16.07	13-Mar-10	EDMONTON
	8	DEREK BURGESS	1975	4:17.19	05-Mar-94	EDMONTON
	9	KIM GENTES	1967	4:18.31	24-Jan-85	SASKATOON
	10	ALEX ANDRES	1995	4:19.63	10-Feb-13	EDMONTON
	11	ADAM WARD	1991	4:21.11	07-Mar-09	EDMONTON
	12	TOM WILLOWS	1968	4:21.27	01-Mar-86	SASKATOON
	13	ANDRE LOCKER	1985	4:22.79	08-Mar-03	EDMONTON
	14	CONOR MCKAIGNEY	1980	4:22.95	06-Mar-99	EDMONTON
	15	SHAUN GREGORY	1981	4:25.43	22-Jan-00	EDMONTON
	16	GREG ZAWASKI	1984	4:26.64	02-Mar-02	EDMONTON
	17	JORDAN FRIZZELL	1981	4:33.56	22-Jan-00	EDMONTON

	7	ALEX ANDRES	1995	1.70	03-Mar-13	EDMONTON
	8	DARREN DELLEZAY	1977	1.60	03-Mar-96	EDMONTON
	9	JAMIE ROBERTSON	1977	1.58	27-Jan-95	EDMONTON
		ELIJA APORTADERA	1995	1.55	10-Jan-13	EDMONTON
LONG JUMP	1	STEWART MARKHAM	1971	6.69	03-Mar-89	EDMONTON
	2	ANDREAS THOME	2001	6.53	10-Mar-19	EDMONTON
	3	ARLO OSTAPOWICH	1973	6.41	12-Dec-92	EDMONTON
	4	ELIJA APORTADERA	1995	6.08	10-Feb-13	EDMONTON
	5	DAVID COWAN	1968	6.03	07-Mar-87	EDMONTON
	6	TOM WILLOWS	1968	5.84	31-Jan-86	SASKATOON
	7	DAREK GLOWACKI	1973	5.77	18-Jan-91	EDMONTON
	8	DARREN DELLEZAY	1977	5.76	04-Mar-95	EDMONTON
	9	JOHN PATTISON	1983	5.73	02-Mar-02	EDMONTON
	10	NICK ADAMS	1977	5.48	29-Apr-95	SASKATOON
	11	BRERNT CARTER	1986	5.23	17-Jan-04	EDMONTON
TRIPLE JUMP	1	DAVID COWAN	1968	13.15	07-Mar-87	EDMONTON
	2	STEWART MARKHAM	1971	13.09	03-Mar-89	EDMONTON
	3	RICK NICKEL	1963	11.90	13-Mar-81	EDMONTON
	4	ELIJA APORTADERA	1995	11.72	20-Jan-13	EDMONTON
	5	RAY COWAN	1971	10.59	03-Mar-89	EDMONTON
POLE VAULT	1	DEREK PARKER	2000	3.45	18-Feb-18	EDMONTON
	2	DARRYL CYRE	1968	3.20	01-Mar-86	SASKATOON
	2	DARREN DELLEZAY	1977	3.20	03-Mar-96	EDMONTON
	4	DAREK GLOWACKI	1973	3.10	05-Mar-91	EDMONTON
6K SHOT	1	MATT KUSHAK	1993	12.59	13-Mar-11	EDMONTON
	2	ANDREAS THOME	2001	11.22	12-Jan-19	SASKATOON
16LB SHOT	1	SCOTT BUCYK	1969	12.92	18-Mar-88	EDMONTON
	2	CURTIS SCHREIVER	1973	11.94	05-Mar-91	EDMONTON
	3	MATT KUSHAK	1993	11.59	09-Jan-11	EDMONTON
	4	RICK SMITH	1972	11.42	04-Jan-91	SASKATOON
	5	DAREK GLOWACKI	1973	11.08	18-Jan-91	EDMONTON
	6	STEWART MARKHAM	1971	10.79	14-Jan-89	EDMONTON
	7	DARREN DELLEZAY	1977	10.41	03-Mar-96	EDMONTON
	8	RAY COWAN	1971	8.61	03-Mar-89	EDMONTON

